

Together

Six-Month Peer Group Coaching for International Doctoral Researchers at the UDE

Doing a doctorate can be fulfilling - and quite lonesome and frustrating at the same time. Working together with a group can bring in new perspectives, insights and options for action as well as clarity and increased motivation for goal achievement.

The moderated **peer group coaching for international doctoral researchers** at the UDE therefore supports you on the path to your doctorate and in your further career planning through (self-)reflection, feedback and interdisciplinary skills development.



For doctoral researchers who want to work together with a fixed group to...

- reflect on their own professional role
- focus on creativity, enjoyment of work and energy
- gain clarity about their own resources
- develop individual strategies and solutions for dealing with challenges
- experience support and mutual motivation to achieve goals
- exchange & network with peers
- discover feedback and appreciation as a resource



All **international** doctoral researchers of the UDE can apply.
Group size: max. 6-8 participants



6 dates in total, Mondays 10:00–12:00h
07.04. | 12.05. | 16.06. | 07.07. | 18.08. | 08.09.



Science Support Center, Weststadttürme
Berliner Platz 6-8, 45127 Essen

**Apply here by
24 March 2025**

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<https://www.uni-due.de/gcplus/en>



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