

Together

Peer group coaching for international doctoral researchers

Term: 12 months (August 2024–July 2025)

Doing a doctorate can be fulfilling - and quite lonesome and frustrating at the same time. Working together with a group can bring in new perspectives, insights and options for action as well as clarity and increased motivation for goal achievement.

The moderated **peer group coaching for international doctoral researchers** at the UDE therefore supports you on the path to your doctorate and in your further career planning through (self-)reflection, feedback and interdisciplinary skills development.



For international doctoral researchers who want to work together with a group to...

- reflect on their own professional role
- focus on creativity, enjoyment of work and energy
- gain clarity about their own resources
- develop individual strategies and solutions for dealing with challenges
- experience support and mutual motivation to achieve goals
- exchange & network with peers
- discover feedback and appreciation as a resource



All international doctoral researchers of the UDE can apply.
Group size: max. 6–8 participants



12 dates in total from **19 August 2024 to 7 July 2025**,
mondays 10:00–12:00h
(**all dates and information on the website!**)



Science Support Center
Weststadttürme, room WST. B04.05. (4th floor)
Berliner Platz 6-8, 45127 Essen

Apply here by
31 July 2024

Coordination & contact:

Valentina Vasilov, Graduate Center Plus
(valentina.vasilov@uni-due.de)

<https://www.uni-due.de/gcplus/en>



GC PLUS

UNIVERSITÄT
DUISBURG
ESSEN

Offen im Denken