

Comparison of isotropic elasto-plastic models for the plastic metric tensor $C_p = F_p^T F_p$

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Dedicated to Michael Ortiz on the occasion of his 60th birthday with great admiration

Abstract

We discuss in detail existing isotropic elasto-plastic models based on 6-dimensional flow rules for the positive definite plastic metric tensor $C_p = F_p^T F_p$ and highlight their properties and interconnections. We show that seemingly different models are equivalent in the isotropic case.

Key words: multiplicative decomposition, elasto-plasticity, ellipticity domain, isotropic formulation, plastic metric, 6-dimensional flow rule, associated plasticity, subdifferential formulation, convex elastic domain, plastic spin, energetic formulation

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1 Introduction

Since the early days of the introduction of the multiplicative decomposition into computational elasto-plasticity, the need was felt to reduce the level of complexity and to discard the concept of a plastic rotation in the completely isotropic setting. This means to consider a flow rule not for the **plastic distortion** F_p (9-dimensional)[27, 42, 9, 34, 6, 41, 32, 5], but to consider directly a flow rule for the **plastic metric tensor** $C_p = F_p^T F_p \in \text{PSym}(3)$ (6-dimensional) [36, 8, 37, 1, 43], which is then automatically invariant under left-multiplication of F_p with a plastic rotation. The plastic distortion is in general incompatible $F_p \neq \nabla\psi_p$, as is the plastic metric $C_p \neq \nabla\psi_p^T \nabla\psi_p$. A formulation in the plastic metric C_p is particularly attractive because it circumvents problems associated with the intermediate configuration introduced by the multiplicative decomposition, which is trivially non-unique since

$$F = F_e \cdot F_p = F_e \cdot Q^T \cdot Q \cdot F^p = F_e^* \cdot F_p^*, \quad Q \in \text{SO}(3). \quad (1.1)$$

Several proposals with the aim of removing the non-uniqueness of the intermediate configuration have been given in the literature. Our comparative study is related to the following models: Simo's model [39] (Reese and Wriggers [34], Miehe [19]); Miehe's model [20]; Lion's model [15] (Helm [10]), Dettmer-Reese [6]); Simo and Hughes' model [40]; Helm's model [10] (Vladimirov, Pietryga and Reese [43], Shutov and Kreißig [37], Reese and Christ [33], Brepols, Vladimirov and Reese [1], Shutov and Ihlemann [36]); Grandi and Stefanelli's model [8] (Frigeri and Stefanelli [7]). All these models are given with respect to different configurations, either the reference configuration, the intermediate configuration or the current configuration. In order to be able to compare them, it is necessary to transform all to, but one configuration. In our case we choose the reference configuration. Moreover, any explicit dependence on F_p instead of C_p in the model formulation must be able to be subsumed into a dependence on C_p alone in the isotropic case. A major body of our work consists in showing this for the models under consideration.

The paper is structured as follows. After a paragraph giving some definitions which generalize the concepts from small strain-additive plasticity to finite strain plasticity we established some auxiliary results. Then we discuss existing 6-dimensional flow rules from the literature. The main properties of the investigated isotropic plasticity models are summarized in Figure 1 and Figure 2. Finally, in the appendix, we obtain explicit formulas for isotropic plasticity models.

1.1 Consistent isotropic finite plasticity model for the plastic metric tensor C_p

In this paper, we use the standard Euclidean scalar product on $\mathbb{R}^{3 \times 3}$ given by $\langle X, Y \rangle := \text{tr}(XY^T)$, and thus the Frobenius tensor norm is $\|X\|^2 = \langle X, X \rangle$. The identity tensor on $\mathbb{R}^{3 \times 3}$ will be denoted by $\mathbb{1}$, so that $\text{tr}(X) = \langle X, \mathbb{1} \rangle$. We let $\text{Sym}(3)$ and $\text{PSym}(3)$ denote the symmetric and positive definite symmetric tensors respectively. We adopt the usual abbreviations of Lie-group theory. Here and in the following the superscript T is used to denote transposition, $\text{sym}X = \frac{1}{2}(X + X^T)$ denotes the symmetric part of the matrix $X \in \mathbb{R}^{3 \times 3}$, while $\text{dev}_3 X = X - \frac{1}{3} \text{tr}(X) \cdot \mathbb{1}$ represents the deviatoric part (trace free) of the matrix X .

The classical concept of **associated perfect plasticity** is uniquely defined in the case of small strain-additive plasticity. In this case the total symmetric strain is decomposed additively into elastic and plastic parts $\varepsilon = \varepsilon_e + \varepsilon_p$ and the rate-independent evolution law for the symmetric plastic strain ε_p is given in subdifferential format

$$\frac{d}{dt}[\varepsilon_p] \in \partial\mathcal{X}(\Sigma_{\text{lin}}), \quad \text{tr}(\varepsilon_p) = 0, \quad (1.2)$$

where $\partial\mathcal{X}$ is the subdifferential of the indicator function \mathcal{X} of the convex elastic domain

$$\mathcal{E}_e(\Sigma_{\text{lin}}, \frac{2}{3} \sigma_y^2) = \left\{ \Sigma_{\text{lin}} \in \text{Sym}(3) \mid \|\text{dev}_3 \Sigma_{\text{lin}}\|^2 \leq \frac{2}{3} \sigma_y^2 \right\} \subset \text{Sym}(3)$$

and $\Sigma_{\text{lin}} := -D_{\varepsilon_p}[W_{\text{lin}}(\varepsilon - \varepsilon_p)]$ is the thermodynamic driving stress of the plastic process. Here, Σ_{lin} is clearly symmetric.

In such a way, the principle of **maximum dissipation** (equivalent to the convexity of the elastic domain and normality of the flow direction) is satisfied. The structure of associated flow rules in geometrically nonlinear theories is by far not as trivial as in the geometrically linear models. However, in this work we use:

Definition 1.1. (geometrically nonlinear associated plastic flow) *We call a plastic flow rule for some plastic variable P (whether symmetric or not) associated, whenever the flow rule can be written as*

$$\frac{d}{dt}[P]P^{-1} \in \partial\chi(\Sigma) \quad \text{or} \quad \sqrt{P}\frac{d}{dt}[P^{-1}]\sqrt{P} \in f = \partial\chi(\Sigma), \quad (1.3)$$

where Σ is some symmetric or non-symmetric stress tensor. Here, $\frac{d}{dt}[P^{-1}]P$ is the correct format for the time derivative (it will lead to an exponential update, see the implicit method based on the exponential mapping considered in [38]). Moreover, we require that χ is the indicator function of some **convex** domain in the Σ -stress space.

After linearization (small strain-additive approximation) this condition is equivalent to classical associated plasticity. Further, let us also remark that a metric is by definition symmetric and positive definite, i.e. $C_p \in \text{PSym}(3)$.

Definition 1.2. (consistent isotropic finite plasticity model for plastic metric tensor C_p) *We say that an associated plastic flow rule, in the sense of Definition 1.1, for the plastic metric tensor C_p is consistent, whenever:*

- i) *it is thermodynamically correct, i.e. the reduced dissipation inequality is satisfied;*
- ii) *plastic incompressibility: the constraint $\det C_p(t) = 1$ for all $t \geq 0$ follows from the flow rule;*
- iii) *$C_p(t) \in \text{PSym}(3)$ for all $t > 0$ if $C_p(0) \in \text{Sym}(3)$.*

As we will see from the next Lemma 1.10, our requirement iii) follows if $C_p(t) \in \text{Sym}(3)$ for all $t \geq 0$, $C_p(0) \in \text{PSym}(3)$ and if ii) is satisfied.

We finish our setup of preliminaries with the following definitions:

Definition 1.3. (reduced dissipation inequality-thermodynamic consistency) *For a given energy W , we say that the reduced dissipation inequality along the plastic evolution is satisfied if and only if*

$$\frac{d}{dt}[W(F F_p^{-1}(t))] = \frac{d}{dt}[\widetilde{W}(C C_p^{-1}(t))] = \frac{d}{dt}[\Psi(C, C_p(t))] \leq 0 \quad (1.4)$$

for all constant in time F (viz. $C = F^T F$), depending in which format the elastic energy is given.

Definition 1.4. (Loss of ellipticity in the elastic domain) *We say that the elasto-plastic formulation preserves ellipticity in the elastic domain whenever the purely elastic response in elastic unloading of the material remains rank-one convex for arbitrary large given plastic pre-distortion.*

1.2 Auxiliary results

We consider the multiplicative decomposition of the deformation gradient [11, 12, 13, 14, 26, 31] and we define, accordingly, the elastic and plastic strain tensors

$$C_e := F_e^T F_e \in \text{PSym}(3), \quad B_e := F_e F_e^T \in \text{PSym}(3), \quad C_p := F_p^T F_p \in \text{PSym}(3). \quad (1.5)$$

Let us also define the stress tensors

$$\begin{aligned} \Sigma &:= 2 C D_C[\widehat{W}(C)] = 2 D_{\log C}[\overline{W}(\log C)] = D_{\log U}[\check{W}(\log U)] = U D_U[W(U)] = F^T D_F[W(F)], \\ \tau &:= 2 D_B[\widehat{W}(B)] B = 2 D_{\log B}[\overline{W}(\log B)] = D_{\log V}[\check{W}(\log V)] = V D_V[W(V)] = 2 F D_C[\widehat{W}(C)] F^T. \end{aligned}$$

The tensor $\Sigma = C \cdot S_2(C)$, where $S_2 = 2 D_C[W(C)]$ is the second Piola-Kirchhoff stress tensor, is sometimes called the **Mandel stress tensor** and it holds $\text{dev}_3 \Sigma_e = \text{dev}_3 \Sigma_E$, where Σ_E is the elastic **Eshelby tensor**

$$\Sigma_E := F_e^T D_{F_e}[W(F_e)] - W(F_e) \cdot \mathbb{1} = D_{\log C_e}[\overline{W}(\log C_e)] - \overline{W}(\log C_e) \cdot \mathbb{1},$$

driving the plastic evolution (see e.g. [26, 18, 4, 2, 3]), while τ is the **Kirchhoff stress tensor**.

Remark 1.5. We also need to consider the elasto-plastic stress tensors

$$\begin{aligned}\Sigma_e &:= 2 C_e D_{C_e} [\widehat{W}(C_e)] = 2 D_{\log C_e} [\overline{W}(\log C_e)] = D_{\log U_e} [\check{W}(\log U_e)] = U_e D_{U_e} [W(U_e)] = F_e^T D_{F_e} [W(F_e)], \\ \tau_e &:= 2 D_{B_e} [\widehat{W}(B_e)] B_e = 2 D_{\log B_e} [\overline{W}(\log B_e)] = D_{\log V_e} [\check{W}(\log V_e)] = V_e D_{V_e} [W(V_e)] = 2 F_e D_{C_e} [\widehat{W}(C_e)] F_e^T.\end{aligned}$$

The following relation holds true:

$$\Sigma = F^T \tau F^{-T}, \quad \Sigma_e = F_e^T \tau_e F_e^{-T}. \quad (1.6)$$

Note that (1.6) is not at variance with symmetry of Σ and Σ_e in case of isotropy.

Using the fact that for given $F_e \in \text{GL}^+(3)$ it holds $\|F_e^T S F_e^{-T}\|^2 \geq \frac{1}{2} \|S\|^2$ for all $S \in \text{Sym}(3)$, the constant being independent of F_e [27], we obtain the estimate

$$\|\text{dev}_3 \Sigma_e\| = \|F_e^T (\text{dev}_3 \tau_e) F_e^{-T}\| \geq \frac{1}{\sqrt{2}} \|\text{dev}_3 \tau_e\|, \quad (1.7)$$

which is valid for general anisotropic materials. Since

$$\text{dev}_3 \Sigma_e = \text{dev}_3 (F_e^T \tau_e F_e^{-T}) = F_e^T \tau_e F_e^{-T} - \frac{1}{3} \text{tr}(F_e^T \tau_e F_e^{-T}) \cdot \mathbb{1} = F_e^T (\tau_e - \frac{1}{3} \text{tr}(\tau_e) \cdot \mathbb{1}) F_e^{-T}, \quad (1.8)$$

we note

$$\text{dev}_3 \Sigma_e = F_e^T (\text{dev}_3 \tau_e) F_e^{-T}, \quad \text{dev}_3 \tau_e = F_e^{-T} (\text{dev}_3 \Sigma_e) F_e^T, \quad \text{tr}(\Sigma_e) = \text{tr}(\tau_e). \quad (1.9)$$

However, $\|\text{dev}_3 \Sigma_e\| \neq \|\text{dev}_3 \tau_e\|$ for general anisotropic materials. Let us remark that for elastically isotropic materials we have from the representation formula for isotropic tensor functions

$$\begin{aligned}D_{C_e} [\widehat{W}(C_e)] &= \alpha_1 \mathbb{1} + \alpha_2 C_e + \alpha_3 C_e^2 \in \text{Sym}(3), \\ \Sigma_e = 2 C_e \cdot D_{C_e} [\widehat{W}(C_e)] &= 2 C_e (\alpha_1 \mathbb{1} + \alpha_2 C_e + \alpha_3 C_e^2) \in \text{Sym}(3),\end{aligned} \quad (1.10)$$

where

$$\alpha_1 = \frac{2}{I_3^{1/2}(C_e)} \left[I_2(C_e) \frac{\partial W}{\partial I_2(C_e)} + I_3(C_e) \frac{\partial W}{\partial I_3(C_e)} \right], \quad \alpha_2 = \frac{2}{I_3^{1/2}(C_e)} \frac{\partial W}{\partial I_1(C_e)}, \quad \alpha_3 = -2 I_3^{1/2}(C_e) \frac{\partial W}{\partial I_2(C_e)}$$

are scalar functions of the invariants of C_e , which are functions of $C C_p^{-1}$, see Lemma 1.7. This leads us to

Lemma 1.6. For the isotropic case $\|\text{dev}_3 \Sigma_e\| = \|\text{dev}_3 \tau_e\|$.

Proof. For the isotropic case we have $\tau_e B_e = B_e \tau_e$, which implies

$$\|\text{dev}_3 \Sigma_e\|^2 = \langle F_e^T (\text{dev}_3 \tau_e) F_e^{-T}, F_e^T (\text{dev}_3 \tau_e) F_e^{-T} \rangle = \langle B_e (\text{dev}_3 \tau_e), (\text{dev}_3 \tau_e) B_e^{-1} \rangle = \|\text{dev}_3 \tau_e\|^2. \quad \square$$

We also consider the following tensor

$$\widetilde{\Sigma} := 2 C D_C [\widetilde{W}(C C_p^{-1})] = 2 C D[\widetilde{W}(C C_p^{-1})] C_p^{-1} \notin \text{Sym}(3), \quad (1.11)$$

which is not symmetric, in general. For instance, for the simplest Neo-Hooke energy $W(F_e) = \text{tr}(C_e) = \text{tr}(C C_p^{-1})$ we have $D\widetilde{W}(C C_p^{-1}) = \mathbb{1}$ and $\widetilde{\Sigma} = 2 C C_p^{-1} \notin \text{Sym}(3)$.

Lemma 1.7. Any isotropic free energy W defined in terms of F_e can be expressed as

$$W(F_e) = \widetilde{W}(C C_p^{-1}) = \widetilde{W}(F^T F (F_p^T F_p)^{-1}). \quad (1.12)$$

Proof. It is clear that any elastic energy $W(F_e)$ which is isotropic w.r.t F_e , can be expressed in terms of the invariants of C_e , i.e.

$$\begin{aligned} W(F_e) &= \Psi(I_1(C_e), I_2(C_e), I_3(C_e)), \\ I_1(C_e) &= \text{tr}(C_e) = \text{tr}(B_e), \quad I_2(C_e) = \text{tr}(\text{Cof}C_e) = \text{tr}(\text{Cof}B_e), \quad I_3(C_e) = \det C_e = \det B_e. \end{aligned} \quad (1.13)$$

Now every invariant can be rewritten as follows

$$\begin{aligned} I_1(C_e) &= \langle C_e, \mathbb{1} \rangle = \langle F_e^T F_e, \mathbb{1} \rangle = \langle F_p^{-T} F^T (F F_p^{-1}), \mathbb{1} \rangle = \langle C, C_p^{-1} \rangle = \text{tr}(C C_p^{-1}) = I_1(C C_p^{-1}), \\ I_2(C_e) &= \langle \text{Cof}C_e, \mathbb{1} \rangle = \det C_e \langle C_e^{-T}, \mathbb{1} \rangle = \det(F_p^{-T} C F_p^{-1}) \langle [F_p^{-T} C F_p^{-1}]^{-T}, \mathbb{1} \rangle \\ &= \det C \det C_p^{-1} \langle C^{-T}, F_p^T F_p \rangle = \det(C C_p^{-1}) \langle C^{-T} C_p^T, \mathbb{1} \rangle = \text{tr}(\text{Cof}(C C_p^{-1})) = I_2(C C_p^{-1}), \\ I_3(C_e) &= \det C_e = \det(F_p^{-T} C F_p^{-1}) = \det C \det C_p^{-1} = I_3(C C_p^{-1}). \end{aligned} \quad (1.14)$$

Therefore, we obtain

$$W(F_e) = \Psi(I_1(C_e), I_2(C_e), I_3(C_e)) = \Psi(I_1(C C_p^{-1}), I_2(C C_p^{-1}), I_3(C C_p^{-1})) = \widetilde{W}(C C_p^{-1}), \quad (1.15)$$

and the proof is complete. \square

Remark 1.8. Since $I_1(C_e) = I_1(C C_p^{-1})$, $I_2(C_e) = I_2(C C_p^{-1})$, $I_3(C_e) = I_3(C C_p^{-1})$, the eigenvalues of C_e and $C C_p^{-1}$ coincide. Clearly, $C_e \in \text{PSym}(3)$, however $C C_p^{-1} \notin \text{Sym}(3)$ in general, unless C and C_p^{-1} commute.

Lemma 1.9. The introduced stress tensors $\Sigma_e, \widetilde{\Sigma}, \tau_e$ are related as follows

$$\Sigma_e = F_p^{-T} \widetilde{\Sigma} F_p^T, \quad \widetilde{\Sigma} = F^T \tau_e F^{-T}. \quad (1.16)$$

Proof. For arbitrary increment $H \in \mathbb{R}^{3 \times 3}$, we compute

$$\langle D_F[W(F_e)], H \rangle = \langle D_F[W(F F_p^{-1})], H \rangle = \langle D_{F_e}[W(F_e)], H F_p^{-1} \rangle = \langle D_{F_e}[W(F_e)] F_p^{-T}, H \rangle. \quad (1.17)$$

On the other hand, we deduce

$$\begin{aligned} \langle D_F[\widetilde{W}(C C_p^{-1})], H \rangle &= \langle D_F[\widetilde{W}(F^T F C_p^{-1})], H \rangle = \langle D[\widetilde{W}(C C_p^{-1})], F^T H C_p^{-1} + H^T F C_p^{-1} \rangle \\ &= 2 \langle F \text{sym}[D[\widetilde{W}(C C_p^{-1})] C_p^{-1}], H \rangle, \end{aligned} \quad (1.18)$$

for all $H \in \mathbb{R}^{3 \times 3}$. In view of Lemma 1.7 we have $W(F_e) = \widetilde{W}(C C_p^{-1})$. Therefore, we obtain

$$2 F \text{sym}[D[\widetilde{W}(C C_p^{-1})] C_p^{-1}] = D_{F_e}[W(F_e)] F_p^{-T}, \quad (1.19)$$

and further

$$F_e^T D_{F_e}[W(F_e)] F_p^{-T} = 2 F_e^T F \text{sym}[D[\widetilde{W}(C C_p^{-1})] C_p^{-1}] = 2 F_p^{-T} C \text{sym}[D[\widetilde{W}(C C_p^{-1})] C_p^{-1}]. \quad (1.20)$$

The above relation implies

$$\Sigma_e = F_e^T D_{F_e}[W(F_e)] = 2 F_p^{-T} C D_C[\widetilde{W}(C C_p^{-1})] F_p^T = F_p^{-T} \widetilde{\Sigma} F_p^T.$$

Therefore, using Remark 1.5 the proof is complete. \square

Next, we introduce a helpful lemma.

Lemma 1.10. If $t \mapsto C_p(t) \in \mathbb{R}^{3 \times 3}$ is continuous and satisfies:

$$\left. \begin{aligned} \det C_p(t) &= 1 \quad \text{for all } t > 0, \\ C_p(0) &\in \text{PSym}(3), \\ C_p(t) &\in \text{Sym}(3) \quad \text{for all } t > 0 \end{aligned} \right\} \Rightarrow C_p(t) \in \text{PSym}(3) \quad \text{for all } t > 0. \quad (1.21)$$

Proof. Using Cardano's formula and due to the symmetry of C_p , the continuity of the map $t \mapsto C_p(t)$ implies the continuity of mappings $t \mapsto \lambda_i(t)$, $i = 1, 2, 3$, where $\lambda_i(t) \in \mathbb{R}$ are the eigenvalues of $C_p(t)$. Since $\lambda_i(0) > 0$ and $\lambda_1(t)\lambda_2(t)\lambda_3(t) = 1$ for all $t > 0$, it follows that $\lambda_i(t) > 0$ for all $t > 0$ and the proof is complete. \square

We can slightly weaken the assumption in the previous lemma: $\det C_p(t) > 0$ for all $t > 0$ is sufficient.

2 The Simo-Miehe 1992 spatial model

In the remainder of this paper we discuss different proposal from the literature for plasticity models in C_p . Simo [39] (see also Reese and Wriggers [34] and Miehe [19, page 72, Prop. 5.25]) considered the spatial flow rule in the form

$$-\frac{1}{2} \mathcal{L}_v(B_e) = \lambda_p^+ \partial_{\tau_e} \Phi(\tau_e) \cdot B_e, \quad (2.1)$$

where the Lie-derivative $\mathcal{L}_v(B_e)$ is given by $\mathcal{L}_v(B_e) := F \frac{d}{dt}[C_p^{-1}] F^T \in \text{Sym}(3)$, the tensor $\tau_e = 2 \partial_{B_e} W(B_e) \cdot B_e$ is the symmetric Kirchhoff stress tensor, the yield function $\Phi(\tau_e) = \|\text{dev}_3 \tau_e\| - \sqrt{\frac{2}{3}} \sigma_y$ and the plastic multiplier λ_p^+ satisfies the Karush–Kuhn–Tucker (KKT)-optimality constraints

$$\lambda_p^+ \geq 0, \quad \Phi(\tau_e) \leq 0, \quad \lambda_p^+ \Phi(\tau_e) = 0. \quad (2.2)$$

The flow rule (2.1) is equivalent with

$$\frac{d}{dt}[C_p^{-1}] = -2 \lambda_p^+ F^{-1} [\partial_{\tau_e} \Phi(\tau_e) \cdot B_e] F^{-T} = -2 \lambda_p^+ F^{-1} \left[\frac{\text{dev}_3 \tau_e}{\|\text{dev}_3 \tau_e\|} \cdot B_e \right] F^{-T}, \quad (2.3)$$

which, in view of the properties (2.2) of λ_p^+ , can be written with a subdifferential

$$\frac{d}{dt}[C_p^{-1}] \in -2 F^{-1} [\partial_{\tau_e} \chi(\text{dev}_3 \tau_e) \cdot B_e] F^{-T}, \quad (2.4)$$

where χ is the indicator function of the elastic domain

$$\mathcal{E}_e(\tau_e, \frac{2}{3} \sigma_y^2) = \left\{ \tau_e \in \text{Sym}(3) \mid \|\text{dev}_3 \tau_e\|^2 \leq \frac{2}{3} \sigma_y^2 \right\} = \{ \tau_e \in \text{Sym}(3) \mid \Phi(\tau_e) \leq 0 \}. \quad (2.5)$$

We deduce (see the model Eq. (5.25) from [19]) an equivalent definition for $\mathcal{L}_v(B_e)$ given by

$$-\frac{1}{2} \mathcal{L}_v(B_e) = \lambda_p^+ \frac{\text{dev}_3 \tau_e}{\|\text{dev}_3 \tau_e\|} \cdot B_e. \quad (2.6)$$

Since $C_p = F^T B_e^{-1} F$ we have $\mathcal{L}_v(B_e) = F \frac{d}{dt}[C_p^{-1}] F^T = F \left(\frac{d}{dt}[F^{-1} B_e F^{-T}] \right) F^T$. On the other hand, from (2.3) it follows that

$$\frac{d}{dt}[C_p^{-1}] C_p = -2 \lambda_p^+ F^{-1} \left[\frac{\text{dev}_3 \tau_e}{\|\text{dev}_3 \tau_e\|} \cdot B_e \right] F^{-T} F^T B_e^{-1} F \in -2 F^{-1} \partial_{\tau_e} \chi(\text{dev}_3 \tau_e) F. \quad (2.7)$$

Since

$$\frac{d}{dt}[\det C_p^{-1}] = \langle \text{Cof } C_p^{-1}, \frac{d}{dt}[C_p^{-1}] \rangle = \det C_p^{-1} \langle C_p, \frac{d}{dt}[C_p^{-1}] \rangle = \det C_p^{-1} \langle \mathbb{1}, \frac{d}{dt}[C_p^{-1}] C_p \rangle, \quad (2.8)$$

from the flow rule (2.3) together with $\det C_p(0) = 1$ and $\text{tr}(F^{-1} \text{dev}_3 \tau_e F) = 0$ it follows at once that $\det C_p(t) = 1$ for all $t \geq 0$.

The next step is to prove that the flow rule (2.1) implies $\frac{d}{dt}[W(F_e)] \leq 0$ at fixed F , i.e. the reduced dissipation inequality is satisfied. We compute for fixed in time F

$$\begin{aligned} \frac{d}{dt}[W(F F_p^{-1})] &= \langle D_{F_e} W(F_e), F \frac{d}{dt}[F_p^{-1}] \rangle = \langle D_{F_e} W(F_e), F F_p^{-1} F_p \frac{d}{dt}[F_p^{-1}] \rangle \\ &= \langle F_e^T D_{F_e} W(F_e), F_p \frac{d}{dt}[F_p^{-1}] \rangle = \langle \Sigma_e, F_p \frac{d}{dt}[F_p^{-1}] \rangle = - \underbrace{\langle \Sigma_e, \text{sym}(\frac{d}{dt}[F_p] F_p^{-1}) \rangle}_{D_p}, \end{aligned} \quad (2.9)$$

since $\Sigma_e \in \text{Sym}(3)$. We also have

$$\frac{d}{dt}[C_p] = \frac{d}{dt}[F_p^T F_p] = \frac{d}{dt}[F_p^T] F_p + F_p^T \frac{d}{dt}[F_p] = F_p^T \left(F_p^{-T} \frac{d}{dt}[F_p^T] \right) F_p + F_p^T \left(\frac{d}{dt}[F_p] F_p^{-1} \right) F_p = 2 F_p^T D_p F_p,$$

where $D_p := \text{sym} \left(\frac{d}{dt} [F_p] F_p^{-1} \right)$. Hence, we easily deduce the representation $D_p = \frac{1}{2} F_p^{-T} \frac{d}{dt} [C_p] F_p^{-1}$. Therefore, from (2.9) we obtain

$$\frac{d}{dt} [W(F F_p^{-1})] = -\langle \Sigma_e, \frac{1}{2} F_p^{-T} \frac{d}{dt} [C_p] F_p^{-1} \rangle. \quad (2.10)$$

Moreover, since $\Sigma_e = F_e^T \tau_e F_e^{-T}$, we deduce

$$\begin{aligned} \frac{d}{dt} [W(F F_p^{-1})] &= -\frac{1}{2} \langle F_e^T \tau_e F_e^{-T}, F_p^{-T} \frac{d}{dt} [C_p] F_p^{-1} \rangle = \frac{1}{2} \langle F_e^T \tau_e F_e^{-T}, F_p \frac{d}{dt} [C_p^{-1}] F_p^T \rangle \\ &= \frac{1}{2} \langle F_p^T F_e^T \tau_e F_e^{-T} F_p, \frac{d}{dt} [C_p^{-1}] \rangle = \frac{1}{2} \langle F^T \tau_e B_e^{-1} F, \frac{d}{dt} [C_p^{-1}] \rangle = \frac{1}{2} \langle \tau_e, F \frac{d}{dt} [C_p^{-1}] F^T B_e^{-1} \rangle. \end{aligned} \quad (2.11)$$

The flow rule (2.3) implies

$$\frac{d}{dt} [W(F F_p^{-1})] = -\lambda_p^+ \langle \tau_e, \frac{\text{dev}_3 \tau_e}{\|\text{dev}_3 \tau_e\|} \rangle = -\lambda_p^+ \|\text{dev}_3 \tau_e\| \leq 0. \quad (2.12)$$

In view of the definition of $\Sigma_e = F_e^T \tau_e F_e^{-T}$ we have $F^{-1} [\tau_e B_e] F^{-T} = F_p^{-1} [\Sigma_e] F_p^{-T}$. For the isotropic case we have $\tau_e B_e = B_e \tau_e$. Hence,

$$\begin{aligned} F^{-1} [\tau_e B_e] F^{-T} &= F^{-1} [B_e \tau_e] F^{-T} = F_p^{-1} F_e^{-1} [F_e F_e^T \tau_e] F_e^{-T} F_p^{-T} \\ &= F_p^{-1} [F_e^T \tau_e F_e^{-T}] F_p^{-T} = F_p^{-1} [\Sigma_e] F_p^{-T}. \end{aligned} \quad (2.13)$$

We also have $F^{-1} [\text{tr}(\tau_e) B_e] F^{-T} = F_p^{-1} [\text{tr}(\Sigma_e)] F_p^{-T}$. Thus, we obtain

$$F^{-1} [\text{dev}_3 \tau_e B_e] F^{-T} = F_p^{-1} [\text{dev}_3 \Sigma_e] F_p^{-T}.$$

Together with Remark 1.6 this implies that

$$F^{-1} \left[\frac{\text{dev}_3 \tau_e}{\|\text{dev}_3 \tau_e\|} B_e \right] F^{-T} = F_p^{-1} \left[\frac{\text{dev}_3 \Sigma_e}{\|\text{dev}_3 \Sigma_e\|} \right] F_p^{-T}. \quad (2.14)$$

Therefore, in the isotropic case, the flow rule (2.4) has a subdifferential structure:

$$\frac{d}{dt} [C_p^{-1}] \in -2 F_p^{-1} [\partial_{\Sigma_e} \chi(\text{dev}_3 \Sigma_e)] F_p^{-T}, \quad (2.15)$$

where χ is the indicator function of the elastic domain $\mathcal{E}_e(\Sigma_e, \frac{2}{3} \sigma_y^2) = \{\Sigma_e \in \text{Sym}(3) \mid \|\text{dev}_3 \Sigma_e\|^2 \leq \frac{2}{3} \sigma_y^2\}$.

In view of the above equivalent representations of the flow rule, we may summarize the properties of the Simo-Miehe 1992 model:

- i) from (2.3) it follows, in the isotropic case (in which τ_e and B_e commute), that $C_p(t) \in \text{Sym}(3)$;
- ii) plastic incompressibility: from (2.7) and (2.8) it follows that $\det C_p(t) = 1$, since the right hand side is trace-free;
- iii) for the isotropic case, the right hand-side of (2.3) is a function of C_p^{-1} and C alone, since $B_e = F C_p^{-1} F^T$ and $F^{-1} B_e F = F^{-1} F C_p^{-1} F^T F = C_p^{-1} C$;
- iv) from i) and ii) together and using Lemma 1.10 it follows that $C_p(t) \in \text{PSym}(3)$;
- v) it is thermodynamically correct;
- vi) the right hand side of (2.3) is not the subdifferential of the indicator function of some convex domain in some stress space. However, this model is an associated plasticity model in the isotropic case, see Proposition 4.3 and Proposition 7.1.

3 The Miehe 1995 referential model

Shutov [35] interpreted that Miehe in [20] considered the flow rule¹

$$\frac{d}{dt}[C_p^{-1}]C_p = -\lambda_p^+ D_{\tilde{\Sigma}}\Phi(\tilde{\Sigma}), \quad (3.1)$$

where $\tilde{\Sigma} = 2C D_C[\tilde{W}(C C_p^{-1})]$ and

$$\Phi(\tilde{\Sigma}) = \|\text{dev}_3 \tau_e\| - \sqrt{\frac{2}{3}} \sigma_y = \sqrt{\text{tr}((\text{dev}_3 \tilde{\Sigma})^2)} - \sqrt{\frac{2}{3}} \sigma_y.$$

In this model, it is not the Frobenius norm of $\text{dev}_3 \tilde{\Sigma}$ which is used. Instead, in the denominator $\mathcal{F} := \sqrt{\text{tr}((\text{dev}_3 \tilde{\Sigma})^2)}$ is used, see Eq. (52) from [37]. Since $\text{dev}_3 \tilde{\Sigma} \notin \text{Sym}(3)$, it follows that $\mathcal{F} := \sqrt{\text{tr}((\text{dev}_3 \tilde{\Sigma})^2)} \neq \|\text{dev}_3 \tilde{\Sigma}\|$. Indeed, we have

$$\begin{aligned} \sqrt{\text{tr}[(\text{dev}_3 \tilde{\Sigma})^2]} = \|\text{dev}_3(\tilde{\Sigma})\| &\Leftrightarrow \langle \text{dev}_3 \tilde{\Sigma}, (\text{dev}_3 \tilde{\Sigma})^T \rangle = \langle \text{dev}_3 \tilde{\Sigma}, \text{dev}_3 \tilde{\Sigma} \rangle \\ &\Leftrightarrow \langle \text{dev}_3 \tilde{\Sigma}, \text{skew}(\text{dev}_3 \tilde{\Sigma}) \rangle = 0 \Leftrightarrow \text{dev}_3 \tilde{\Sigma} \in \text{Sym}(3) \Leftrightarrow \tilde{\Sigma} \in \text{Sym}(3). \end{aligned} \quad (3.2)$$

For the simplest Neo-Hooke elastic energy considered in Appendix A.2, $W(F_e) = \text{tr}(C_e) = \tilde{W}(C C_p^{-1}) = \frac{1}{2} \text{tr}(C C_p^{-1})$, we have $\tilde{\Sigma} = C C_p^{-1}$, which is not symmetric. Hence $\sqrt{\text{tr}[(\text{dev}_3 \tilde{\Sigma})^2]} \neq \|\text{dev}_3 \tilde{\Sigma}\|$. Let us again remark that $\tilde{\Sigma}$ is not necessarily symmetric for general C_p . However, using Lemma 1.9, we deduce

$$\begin{aligned} \tilde{\Sigma} C_p &= F_p^T \Sigma_e F_p^{-T} C_p = F_p^T \Sigma_e F_p \in \text{Sym}(3) \quad \Rightarrow \quad \text{dev}_3 \tilde{\Sigma} \cdot C_p \in \text{Sym}(3), \\ C_p^{-1} \tilde{\Sigma} &= C_p^{-1} F_p^T \Sigma_e F_p^{-T} = F_p^{-1} \Sigma_e F_p^{-T} \in \text{Sym}(3) \quad \Rightarrow \quad C_p^{-1} \text{dev}_3 \tilde{\Sigma} \in \text{Sym}(3). \end{aligned} \quad (3.3)$$

In the following, we discuss first the sign of the quantity² $\mathcal{F}^2 := \text{tr}((\text{dev}_3 \tilde{\Sigma})^2)$. First, we deduce

$$\begin{aligned} \text{tr}[(\text{dev}_3 \tilde{\Sigma})^2] &= \langle (\text{dev}_3 \tilde{\Sigma}) (\text{dev}_3 \tilde{\Sigma}), \mathbb{1} \rangle = \langle \tilde{\Sigma} (\text{dev}_3 \tilde{\Sigma}), \mathbb{1} \rangle = \langle C_p^{-1} \tilde{\Sigma} (\text{dev}_3 \tilde{\Sigma}) C_p, \mathbb{1} \rangle \\ &= \langle C_p^{-1} \tilde{\Sigma} (\text{dev}_3 \tilde{\Sigma} \cdot C_p)^T, \mathbb{1} \rangle = \langle C_p^{-1} \tilde{\Sigma} C_p (\text{dev}_3 \tilde{\Sigma})^T, \mathbb{1} \rangle = \langle C_p^{-1} \tilde{\Sigma} C_p, \text{dev}_3 \tilde{\Sigma} \rangle. \end{aligned} \quad (3.5)$$

We further see that

$$\begin{aligned} \langle C_p^{-1} \tilde{\Sigma} C_p, \text{dev}_3 \tilde{\Sigma} \rangle &= \langle U_p^{-1} U_p^{-1} \tilde{\Sigma} U_p U_p, \text{dev}_3 \tilde{\Sigma} \rangle = \langle U_p^{-1} \tilde{\Sigma} U_p, U_p^{-1} \text{dev}_3 \tilde{\Sigma} U_p \rangle \\ &= \langle U_p^{-1} \tilde{\Sigma} U_p, U_p^{-1} \tilde{\Sigma} U_p - \frac{1}{3} \text{tr}(\tilde{\Sigma}) \cdot \mathbb{1} \rangle = \langle U_p^{-1} \tilde{\Sigma} U_p, U_p^{-1} \tilde{\Sigma} U_p - \frac{1}{3} \text{tr}(U_p^{-1} \tilde{\Sigma} U_p) \cdot \mathbb{1} \rangle \\ &= \langle U_p^{-1} \tilde{\Sigma} U_p, \text{dev}_3(U_p^{-1} \tilde{\Sigma} U_p) \rangle = \langle \text{dev}_3(U_p^{-1} \tilde{\Sigma} U_p), \text{dev}_3(U_p^{-1} \tilde{\Sigma} U_p) \rangle = \|\text{dev}_3(U_p^{-1} \tilde{\Sigma} U_p)\|^2 \geq 0, \end{aligned} \quad (3.6)$$

where $U_p^2 = C_p$. Thus \mathcal{F}^2 is positive and \mathcal{F} is well defined.

Since $D_{\tilde{\Sigma}}\Phi(\tilde{\Sigma}) = \frac{1}{\sqrt{\text{tr}[(\text{dev}_3 \tilde{\Sigma})^2]}} (\text{dev}_3 \tilde{\Sigma})^T$ the flow rule (3.1) becomes

$$\frac{d}{dt}[C_p^{-1}]C_p = -\frac{\lambda_p^+}{\sqrt{\text{tr}[(\text{dev}_3 \tilde{\Sigma})^2]}} (\text{dev}_3 \tilde{\Sigma})^T \quad \Leftrightarrow \quad C_p \frac{d}{dt}[C_p^{-1}] = -\frac{\lambda_p^+}{\sqrt{\text{tr}[(\text{dev}_3 \tilde{\Sigma})^2]}} \text{dev}_3 \tilde{\Sigma}, \quad (3.7)$$

¹Miehe [20] only defines the elastic domain $\mathcal{E}_e(\tilde{\Sigma}, \frac{2}{3} \sigma_y^2) := \left\{ \tilde{\Sigma} \in \mathbb{R}^{3 \times 3} \mid \text{tr}((\text{dev}_3 \tilde{\Sigma})^2) \leq \frac{2}{3} \sigma_y^2 \right\}$ in term of τ_e , i.e. $\mathcal{E}_e(\tau_e, \frac{2}{3} \sigma_y^2) = \left\{ \tau \in \text{Sym}(3) \mid \|\text{dev}_3 \tau\|^2 \leq \frac{2}{3} \sigma_y^2 \right\}$. He uses the same notation for the referential quantities. Therefore, we have two interpretations at hand $\Phi(\tilde{\Sigma}) = \|\text{dev}_3 \tau_e\| - \frac{2}{3} \sigma_y^2 = \sqrt{\text{tr}((\text{dev}_3 \tilde{\Sigma})^2)} - \frac{2}{3} \sigma_y^2$. On the other hand, in the isotropic case, we have also $\Phi(\tilde{\Sigma}) = \|\text{dev}_3 \Sigma_e\| - \frac{2}{3} \sigma_y^2$.

²If we are not looking for the sign of $\text{tr}((\text{dev}_3 \tilde{\Sigma})^2)$ for all $\text{dev}_3 \tilde{\Sigma} \in \mathbb{R}^{3 \times 3}$, then considering two particular values of $\text{dev}_3 \tilde{\Sigma}$, e.g.

$$\text{dev}_3 \tilde{\Sigma} = \begin{pmatrix} -\frac{1}{2} & 1 & 2 \\ -2 & -\frac{1}{2} & 3 \\ -1 & -3 & -\frac{1}{2} \end{pmatrix} \quad \text{and} \quad \text{dev}_3 \tilde{\Sigma} = \begin{pmatrix} -\frac{1}{3} & 0 & 0 \\ 0 & \frac{2}{3} & 0 \\ 0 & 0 & -\frac{1}{3} \end{pmatrix}, \quad (3.4)$$

we obtain $\text{tr}[(\text{dev}_3 \tilde{\Sigma})^2] = -2$ and $\text{tr}[(\text{dev}_3 \tilde{\Sigma})^2] = \frac{2}{3}$, respectively. Hence, $\text{tr}[(\text{dev}_3 \tilde{\Sigma})^2]$ is not positive for all $\tilde{\Sigma} \in \mathbb{R}^{3 \times 3}$.

Further, in view of (3.3), we obtain

$$\frac{d}{dt}[C_p^{-1}] = -\frac{\lambda_p^+}{\sqrt{\text{tr}[(\text{dev}_3 \tilde{\Sigma})^2]}} C_p^{-1} \text{dev}_3 \tilde{\Sigma} \quad \Leftrightarrow \quad \frac{d}{dt}[C_p] = \frac{\lambda_p^+}{\sqrt{\text{tr}[(\text{dev}_3 \tilde{\Sigma})^2]}} (\text{dev}_3 \tilde{\Sigma}) C_p \in \text{Sym}(3). \quad (3.8)$$

Using Lemma 1.10 we obtain that $C_p \in \text{PSym}(3)$.

We remark that the flow rule considered by Miehe [20] (in this interpretation) coincides with the flow rule (6.1) considered by Helm [10], see Proposition 6.1.

Remark 3.1. *Although the flow rule considered in this interpretation of the Miehe 1995 model [20] has a subdifferential structure, the yield-function Φ is not convex. Hence, the flow rule is not a convex flow rule. In order to see the non-convexity of $\Phi(\tilde{\Sigma})$ we observe first by looking at sublevel-sets that*

$$\Phi(\tilde{\Sigma}) = \sqrt{\text{tr}[(\text{dev}_3 \tilde{\Sigma})^2]} - \frac{2}{3} \sigma_y^2 \text{ is convex} \quad \Leftrightarrow \quad \tilde{\Phi}(\tilde{\Sigma}) = \text{tr}[(\text{dev}_3 \tilde{\Sigma})^2] \text{ is convex.}$$

The second derivative for the simpler function $\tilde{\Phi}(\tilde{\Sigma})$ is

$$D_{\tilde{\Sigma}}^2 \tilde{\Phi}(\tilde{\Sigma}) \cdot (H, H) = \langle (\text{dev}_3 H)^T, \text{dev}_3 H \rangle = \text{tr}[(\text{dev}_3 H)^2], \quad \forall \tilde{\Sigma}, H \in \mathbb{R}^{3 \times 3}.$$

We know that $\text{tr}[(\text{dev}_3 H)^2]$ is not positive for all $H \in \mathbb{R}^{3 \times 3}$, since for the previous considered matrix H , such that

$$\text{dev}_3 H = \begin{pmatrix} -\frac{1}{2} & 1 & 2 \\ -2 & -\frac{1}{2} & 3 \\ -1 & -3 & -\frac{1}{2} \end{pmatrix},$$

we obtain $\text{tr}[(\text{dev}_3 H)^2] = -2$. Therefore $\tilde{\Phi}(\tilde{\Sigma})$ is not convex, and thus $\Phi(\tilde{\Sigma})$ cannot be convex.

4 The Lion 1997 multiplicative elasto-plasticity formulation in terms of the plastic metric $C_p = F_p^T F_p$

This derivation was given by Lion [15, Eq. (47.2)] in the general form (see also [10, Eq. (6.33)]) and by Dettmer-Reese [6] in the isotropic case. Following [6] we consider a perfect plasticity model for the plastic metric C_p based on the flow rule

$$\frac{d}{dt}[C_p^{-1}] \in -F_p^{-1} \partial \mathcal{X}(\text{dev}_3 \Sigma_e) F_p^{-T} \in \text{Sym}(3) \quad \text{for } \Sigma_e \in \text{Sym}(3). \quad (4.1)$$

The subdifferential $\partial \mathcal{X}(\text{dev}_3 \Sigma_e)$ of the indicator function \mathcal{X} is the normal cone

$$\mathcal{N}(\mathcal{E}_e(\Sigma_e, \frac{1}{3} \sigma_y^2); \text{dev}_3 \Sigma_e) = \begin{cases} 0, & \Sigma_e \in \text{int}(\mathcal{E}_e(\Sigma_e, \frac{1}{3} \sigma_y^2)) \\ \{\lambda_p^+ \frac{\text{dev}_3 \Sigma_e}{\|\text{dev}_3 \Sigma_e\|} \mid \lambda_p^+ \in \mathbb{R}_+\}, & \Sigma_e \notin \text{int}(\mathcal{E}_e(\Sigma_e, \frac{1}{3} \sigma_y^2)). \end{cases} \quad (4.2)$$

Again, in this model it is not clear from the outset, that it is a formulation in C_p alone. The goal of such a 6-dimensional formulation is to avoid any explicit computation of the plastic distortion F_p . However, the right hand side of the above proposed flow rule is, in fact, a multivalued function in C and C_p^{-1} alone. Hence, we can express the flow rule (4.1) entirely in the form³

$$\frac{d}{dt}[C_p^{-1}] C_p \in f(C, C_p^{-1}). \quad (4.3)$$

³Note carefully, that $f(C, C_p^{-1})$ is not necessarily symmetric. Moreover $C_p^{-1} \hat{f}(C, C_p^{-1}) \notin \text{Sym}(3)$ in general.

In order to show this remarkable property (satisfied only for isotropic response), and to determine the explicit form of the function $f(C, C_p^{-1})$, in view of (1.10) we remark that

$$\begin{aligned} F_p^{-1} \frac{\text{dev}_3 \Sigma_e}{\|\text{dev}_3 \Sigma_e\|} F_p^{-T} &= \frac{1}{\|\text{dev}_3 \Sigma_e\|} \left[F_p^{-1} \Sigma_e F_p^{-T} - \frac{1}{3} \text{tr}(\Sigma_e) C_p^{-1} \right], \\ \text{tr}(\Sigma_e) &= 2 \langle \mathbb{1}, C_e (\alpha_1 \mathbb{1} + \alpha_2 C_e + \alpha_3 C_e^2) \rangle, \\ \|\Sigma_e\|^2 &= 4 \langle C_e (\alpha_1 \mathbb{1} + \alpha_2 C_e + \alpha_3 C_e^2), C_e (\alpha_1 \mathbb{1} + \alpha_2 C_e + \alpha_3 C_e^2) \rangle, \\ \|\text{dev}_3 \Sigma_e\| &= \sqrt{\|\Sigma_e\|^2 - \frac{1}{3} [\text{tr}(\Sigma_e)]^2}. \end{aligned} \quad (4.4)$$

It is clear that $F_p^{-1} \Sigma_e F_p^{-T} = 2 F_p^{-1} C_e (\alpha_1 \mathbb{1} + \alpha_2 C_e + \alpha_3 C_e^2) F_p^{-T} \in \text{Sym}(3)$, and

$$\begin{aligned} C_e &= F_e^T F_e = F_p^{-T} F^T F F_p^{-1} = F_p^{-T} C F_p^{-1}, \\ \Sigma_e &= 2 F_p^{-T} (\alpha_1 C + \alpha_2 C C_p^{-1} C + \alpha_3 C C_p^{-1} C C_p^{-1} C) F_p^{-1}, \\ \text{tr}(\Sigma_e) &= 2 \text{tr}(\alpha_1 C C_p^{-1} + \alpha_2 C C_p^{-1} C C_p^{-1} + \alpha_3 C C_p^{-1} C C_p^{-1} C C_p^{-1}), \\ \|\Sigma_e\|^2 &= 4 \underbrace{\langle C_p^{-1} (\alpha_1 C + \alpha_2 C C_p^{-1} C + \alpha_3 C C_p^{-1} C C_p^{-1} C), (\alpha_1 C + \alpha_2 C C_p^{-1} C + \alpha_3 C C_p^{-1} C C_p^{-1} C) \rangle}_{=:\hat{f}}. \end{aligned}$$

Hence, we deduce

$$\begin{aligned} F_p^{-1} \Sigma_e F_p^{-T} &= 2 C_p^{-1} \hat{f}(C, C_p^{-1}) C_p^{-1} \in \text{Sym}(3), \\ \text{tr}(\Sigma_e) &= 2 \text{tr}(\hat{f}(C, C_p^{-1}) C_p^{-1}), \quad \|\Sigma_e\|^2 = 4 \langle C_p^{-1} \hat{f}(C, C_p^{-1}), \hat{f}(C, C_p^{-1}) C_p^{-1} \rangle, \\ \|\text{dev}_3 \Sigma_e\| &= 2 \sqrt{\text{tr}[(\hat{f}(C, C_p^{-1}) C_p^{-1})^2] - \frac{1}{3} [\text{tr}(\hat{f}(C, C_p^{-1}) C_p^{-1})]^2}, \end{aligned} \quad (4.5)$$

where

$$\hat{f}(C, C_p^{-1}) := \alpha_1 C + \alpha_2 C C_p^{-1} C + \alpha_3 C C_p^{-1} C C_p^{-1} C \in \text{Sym}(3), \quad (4.6)$$

and $\alpha_i = \alpha_i(I_1(C_e), I_2(C_e), I_3(C_e))$, according to (1.10). Therefore, the multivalued function $f(C, C_p^{-1})$ is given by

$$f(C, C_p^{-1}) = \left\{ \frac{-\lambda_p^+}{\sqrt{\text{tr}[(\hat{f}(C, C_p^{-1}) C_p^{-1})^2] - \frac{1}{3} [\text{tr}(\hat{f}(C, C_p^{-1}) C_p^{-1})]^2}} \text{dev}_3(C_p^{-1} \hat{f}(C, C_p^{-1})) \mid \lambda_p^+ \in \mathbb{R}_+ \right\}. \quad (4.7)$$

In Appendix A.1 we give the specific expression for the functions $f(C, C_p^{-1})$ and $\hat{f}(C, C_p^{-1})$ in case of the Neo-Hooke energy.

On the other hand, in view of equation (4.1) we also have

$$\frac{d}{dt} [C_p] C_p^{-1} = -C_p \frac{d}{dt} [C_p^{-1}] \in C_p F_p^{-1} \partial \mathcal{X}(\text{dev}_3 \Sigma_e) F_p^{-T} = F_p^T \partial \mathcal{X}(\text{dev}_3 \Sigma_e) F_p^{-T}. \quad (4.8)$$

Hence, it follows that

$$\frac{d}{dt} [C_p] \in F_p^T \partial \mathcal{X}(\text{dev}_3 \Sigma_e) F_p^{-T} C_p = F_p^T \partial \mathcal{X}(\text{dev}_3 \Sigma_e) F_p \in \text{Sym}(3), \quad (4.9)$$

which establishes symmetry of C_p whenever $C_p(0) \in \text{Sym}(3)$.

Another important question is whether the solution C_p of the flow rule (4.1) is such that $\det C_p(t) = 1$, for all $t \geq 0$. Let C_p be the solution of the flow rule (4.1). Then, we have

$$C_p \frac{d}{dt} [C_p^{-1}] = -\lambda_p^+ C_p F_p^{-1} \frac{\text{dev}_3 \Sigma_e}{\|\text{dev}_3 \Sigma_e\|} F_p^{-T} = -\lambda_p^+ F_p^T F_p F_p^{-1} \frac{\text{dev}_3 \Sigma_e}{\|\text{dev}_3 \Sigma_e\|} F_p^{-T} = -\frac{\lambda_p^+}{2} \frac{\text{dev}_3(F_p^T \Sigma_e F_p^{-T})}{\|\text{dev}_3 \Sigma_e\|},$$

which implies on the one hand

$$\left\langle \frac{d}{dt}[C_p^{-1}] C_p, \mathbb{1} \right\rangle = \left\langle \frac{d}{dt}[C_p^{-1}], C_p \right\rangle = 0. \quad (4.10)$$

On the other hand, the flow rule (4.1) together with $\det C_p(0) = 1$ leads to $\det C_p(t) = 1$ for all $t \geq 0$.

Let us remark that, in view of (4.3) and (4.7) we have for the flow rule (4.1)

$$\frac{d}{dt}[C_p^{-1}] = \frac{-\lambda_p^+}{\sqrt{\operatorname{tr}[(\widehat{f}(C, C_p^{-1})C_p^{-1})^2] - \frac{1}{3}[\operatorname{tr}[\widehat{f}(C, C_p^{-1})C_p^{-1}]]^2}} \underbrace{\operatorname{dev}_3[C_p^{-1}\widehat{f}(C, C_p^{-1})]}_{\substack{\notin \operatorname{Sym}(3) \\ \in \operatorname{Sym}(3)}}} \cdot C_p^{-1}, \quad (4.11)$$

which is in concordance with the requirement $C_p \in \operatorname{Sym}(3)$, as can be seen from (4.11) or (4.9). Note that the above formula cannot be read as

$$\frac{d}{dt}[C_p^{-1}] = -\lambda_p^+ \frac{\operatorname{dev}_3 \Sigma}{\|\operatorname{dev}_3 \Sigma\|} \cdot C_p^{-1},$$

for some Σ , since

$$[\operatorname{tr}(\widehat{f}(C, C_p^{-1})C_p^{-1})^2] - \frac{1}{3}[\operatorname{tr}(\widehat{f}(C, C_p^{-1})C_p^{-1})]^2 \neq \|\operatorname{dev}_3(\widehat{f}(C, C_p^{-1})C_p^{-1})\|^2.$$

To see this, assume to the contrary that equality holds. Then we deduce

$$\begin{aligned} [\operatorname{tr}(\widehat{f}(C, C_p^{-1})C_p^{-1})^2] - \frac{1}{3}[\operatorname{tr}(\widehat{f}(C, C_p^{-1})C_p^{-1})]^2 &= \|\operatorname{dev}_3(\widehat{f}(C, C_p^{-1})C_p^{-1})\|^2 \\ \Leftrightarrow \langle \widehat{f}(C, C_p^{-1})C_p^{-1}, (\widehat{f}(C, C_p^{-1})C_p^{-1})^T \rangle &= \pm \langle \widehat{f}(C, C_p^{-1})C_p^{-1}, \widehat{f}(C, C_p^{-1})C_p^{-1} \rangle. \end{aligned} \quad (4.12)$$

Since $\widehat{f}(C, C_p^{-1}) \in \operatorname{Sym}(3)$, we obtain

$$\operatorname{tr}[(\widehat{f}(C, C_p^{-1})C_p^{-1})^2] = \langle C_p^{-1} \widehat{f}(C, C_p^{-1})C_p^{-1}, \widehat{f}(C, C_p^{-1})C_p^{-1} \rangle = \langle C_p^{-1} \widehat{f}(C, C_p^{-1}), \widehat{f}(C, C_p^{-1})C_p^{-1} \rangle. \quad (4.13)$$

Using that $C_p \in \operatorname{PSym}(3)$, we further deduce that

$$\langle C_p^{-1} \widehat{f}(C, C_p^{-1}), \widehat{f}(C, C_p^{-1})C_p^{-1} \rangle = \langle U_p^{-1} \widehat{f}(C, C_p^{-1})U_p^{-1}, U_p^{-1} \widehat{f}(C, C_p^{-1})U_p^{-1} \rangle = \|U_p^{-1} \widehat{f}(C, C_p^{-1})U_p^{-1}\|^2, \quad (4.14)$$

where $U_p^2 = C_p$. Therefore, from (4.12) we deduce

$$\langle \widehat{f}(C, C_p^{-1})C_p^{-1}, (\widehat{f}(C, C_p^{-1})C_p^{-1})^T \rangle = \langle \widehat{f}(C, C_p^{-1})C_p^{-1}, \widehat{f}(C, C_p^{-1})C_p^{-1} \rangle \Leftrightarrow \widehat{f}(C, C_p^{-1})C_p^{-1} \in \operatorname{Sym}(3), \quad (4.15)$$

which is not true, in general. However, it is an associated plasticity model in the sense of Definition 1.1, see Proposition 7.1. We also remark that

$$C_p \frac{d}{dt}[C_p^{-1}] = \frac{-\lambda_p^+}{\sqrt{\operatorname{tr}[(\widehat{f}(C, C_p^{-1})C_p^{-1})^2] - \frac{1}{3}[\operatorname{tr}[\widehat{f}(C, C_p^{-1})C_p^{-1}]]^2}} \operatorname{dev}_3[\widehat{f}(C, C_p^{-1})C_p^{-1}]. \quad (4.16)$$

In conclusion, using Lemma 1.10, we have

Remark 4.1. *Any continuous solution $C_p \in \operatorname{Sym}(3)$ of the flow rule (4.1) belongs in fact to $\operatorname{PSym}(3)$.*

As for the thermodynamical consistency, we remark that

$$\begin{aligned} \frac{d}{dt}[\widetilde{W}(C C_p^{-1})] &= \langle D[\widetilde{W}(C C_p^{-1})], C \frac{d}{dt}[C_p^{-1}] \rangle = \langle C D_C[\widetilde{W}(C C_p^{-1})] C_p, \frac{d}{dt}[C_p^{-1}] \rangle = \frac{1}{2} \langle \widetilde{\Sigma} C_p, \frac{d}{dt}[C_p^{-1}] \rangle \\ &= \frac{1}{2} \langle C_p^{-1} \widetilde{\Sigma} C_p, C_p \frac{d}{dt}[C_p^{-1}] \rangle = -\frac{1}{2} \langle C_p^{-1} \widetilde{\Sigma} C_p, \frac{d}{dt}[C_p] C_p^{-1} \rangle = -\frac{1}{4} \frac{\lambda_p^+}{\|\operatorname{dev}_3 \widetilde{\Sigma}\|} \langle C_p^{-1} \widetilde{\Sigma} C_p, \operatorname{dev}_3 \widetilde{\Sigma} \rangle, \end{aligned} \quad (4.17)$$

which, using the formula $F_p^T \Sigma_e F_p^{-T} = \tilde{\Sigma}$, leads to

$$\begin{aligned} \frac{d}{dt} [\widetilde{W}(C C_p^{-1})] &= -\frac{1}{4} \frac{\lambda_p^+}{\|\text{dev}_3(F_p^T \Sigma_e F_p^{-T})\|} \langle C_p^{-1} F_p^T \Sigma_e F_p^{-T} C_p, \text{dev}_3(F_p^T \Sigma_e F_p^{-T}) \rangle \\ &= -\frac{1}{4} \frac{\lambda_p^+}{\|\text{dev}_3(F_p^T \Sigma_e F_p^{-T})\|} \langle \Sigma_e, \Sigma_e - \frac{1}{3} \text{tr}(\Sigma_e) \cdot \mathbb{1} \rangle = -\frac{1}{4} \frac{\lambda_p^+}{\|\text{dev}_3(F_p^T \Sigma_e F_p^{-T})\|} \|\text{dev}_3 \Sigma_e\|^2 \leq 0. \end{aligned}$$

Note that this proof of thermodynamical consistency may be criticized because it involves the variable F_p , which should not appear at all. However, we may also use (3.5) and (3.6) to obtain

$$\frac{d}{dt} [\widetilde{W}(C C_p^{-1})] = -\frac{1}{4} \frac{\lambda_p^+}{\|\text{dev}_3 \tilde{\Sigma}\|} \text{tr}[(\text{dev}_3 \tilde{\Sigma})^2] = -\frac{1}{4} \frac{\lambda_p^+}{\|\text{dev}_3 \tilde{\Sigma}\|} \|\text{dev}_3(U_p^{-1} \tilde{\Sigma} U_p)\|^2 \leq 0, \quad (4.18)$$

We may summarize the properties of the Lion 1997 model:

- i) from (4.1) it follows that $C_p(t) \in \text{Sym}(3)$;
- ii) plastic incompressibility: from (4.1) together with $\det C_p(0) = 1$ it follows that $\det C_p(t) = 1$;
- iii) for the isotropic case, the right hand-side of (4.1) is a function of C_p^{-1} and C alone;
- iii) from i) and ii) together and using Lemma 1.10 it follows that $C_p(t) \in \text{PSym}(3)$;
- v) it is thermodynamically correct;
- vi) it is an associated plasticity model in the sense of Definition 1.1, see Proposition 7.1.

Remark 4.2. (Simo-Miehe 1992 model vs. Lion 1997 model) *In the anisotropic case, the flow rule proposed by Simo and Miehe [39] (and later by Reese and Wriggers [34] and Miehe [19]) is not completely equivalent with the flow rule proposed by Lion (see also [6, 1]), since $\|\text{dev}_3 \tau_e\| \neq \|\text{dev}_3 \Sigma_e\|$ does not hold true in general. However, the difference is nearly absorbed by the positive plastic multipliers. The models may differ due to different yield conditions, but the flow rules are similar, having the same performance with respect to the thermodynamic consistency. Both models are consistent according to our Definition 1.2, but we may not switch between them, since different elastic domains are considered, namely \mathcal{E}_{Σ_e} and \mathcal{E}_{τ_e} , respectively. This is in fact the main difference between this two models. Having different elastic domains we have different boundary points, since a point of the boundary of \mathcal{E}_{τ_e} is not necessarily on the boundary of \mathcal{E}_{Σ_e} . Hence, in these two flow rules we have a different behaviour corresponding to the indicator function of different domains. The material may reach the boundary of the elastic domain \mathcal{E}_{τ_e} , while it is strictly inside the elastic domain \mathcal{E}_{Σ_e} , for the same local response.*

However, we have the following result:

Proposition 4.3. *In the isotropic case the flow rule proposed by Simo and Miehe [39] is equivalent with the flow rule proposed by Lion [15].*

Proof. We compare the flow rules (2.15) and (4.1) and the proof is complete. \square

5 The Simo and Hughes 1998 plasticity formulation in terms of a plastic metric

The book [40] has been edited years after the premature death of J.C. Simo. In this book also a finite strain plasticity model is proposed. However, this model has a subtle fundamental deficiency which we aim to describe in the interest of the reader. The flow rule considered in [40, page 310] is

$$\frac{d}{dt} [\overline{C}_p^{-1}] = -\frac{2}{3} \lambda_p^+ \text{tr}(B_e) F^{-1} \frac{\text{dev}_n \tau_e}{\|\text{dev}_n \tau_e\|} F^{-T}, \quad \overline{C}_p = \frac{C_p}{\det C_p^{1/3}}, \quad (5.1)$$

where $B_e = F_e F_e^T$, $\tau_e = 2 F_e D_{C_e} [W(C_e)] F_e^T = 2 B_e D_{B_e} [W(B_e)]$ is the elastic Kirchhoff stress tensor and $\lambda_p^+ \geq 0$ is the consistency parameter. If the plastic flow is isochoric then $\det F_p = \det C_p = 1$. However,

we must always have $\det \overline{C}_p = 1 = \det \overline{C}_p^{-1}$ by definition of \overline{C}_p . Since $F_e = F F_p^{-1}$, we have $\text{tr}(B_e) = \langle F_p^{-T} F^T F F_p^{-1} \rangle = \langle \mathbb{1}, C C_p^{-1} \rangle = \text{tr}(C C_p^{-1})$. Moreover, note that for elastically isotropic materials it holds

$$D_{C_e}[W(C_e)] = \alpha_1 \mathbb{1} + \alpha_2 C_e + \alpha_3 C_e^2 \in \text{Sym}(3), \quad \tau_e = 2 F_e [\alpha_1 \mathbb{1} + \alpha_2 C_e + \alpha_3 C_e^2] F_e^T, \quad (5.2)$$

where $\alpha_1, \alpha_2, \alpha_3$ are scalar functions of the invariants of C_e which are functions of $C C_p^{-1}$, see Lemma 1.7. Since $C_e = F_p^{-T} C F_p^{-1}$, we obtain

$$\tau_e = 2 F F_p^{-1} [\alpha_1 \mathbb{1} + \alpha_2 F_p^{-T} C F_p^{-1} + \alpha_3 F_p^{-T} C F_p^{-1} F_p^{-T} C F_p^{-1}] F_p^{-T} F^T = 2 F f_1(C, C_p^{-1}) F^T, \quad (5.3)$$

with $f_1(C, C_p^{-1}) := \alpha_1 C_p^{-1} + \alpha_2 C_p^{-1} C C_p^{-1} + \alpha_3 C_p^{-1} C C_p^{-1} C C_p^{-1} \in \text{Sym}(3)$. Thus, for elastically isotropic materials we deduce

$$\begin{aligned} F^{-1} [\text{dev}_n \tau_e] F^{-T} &= 2 f_1(C, C_p^{-1}) - \frac{2}{3} \text{tr}(F f_1(C, C_p^{-1}) F^T) C^{-1} \\ &= 2 f_1(C, C_p^{-1}) - \frac{2}{3} \langle f_1(C, C_p^{-1}), C \rangle C^{-1} \in \text{Sym}(3), \end{aligned} \quad (5.4)$$

$$\|\text{dev}_3 \tau_e\| = \sqrt{\|\tau_e\|^2 - \frac{1}{9} [\text{tr}(\tau_e)]^2} = 2 \sqrt{\langle f_1(C, C_p^{-1}) \cdot C, C \cdot f_1(C, C_p^{-1}) \rangle^2 - \frac{1}{9} \langle f_1(C, C_p^{-1}), C \rangle^2}.$$

Hence, $F^{-1} \frac{\text{dev}_n \tau_e}{\|\text{dev}_n \tau_e\|} F^{-T} \in \text{Sym}(3)$ is a function of C, C_p^{-1} . Therefore the flow rule (5.1) can entirely be expressed in terms of C and C_p^{-1} alone.

Remark 5.1. *It is not true, in general, that the right hand side of the flow rule (5.1) is in concordance with $\det \overline{C}_p(t) = 1$, assuming that $\det \overline{C}_p(0) = 1$.*

Proof. From (5.1) we obtain by right multiplication with \overline{C}_p

$$\frac{d}{dt} [\overline{C}_p^{-1}] \overline{C}_p = -\frac{2}{3} (\det C_p)^{-1/3} \lambda_p^+ \text{tr}(C C_p^{-1}) F_p^{-1} F_e^{-1} \frac{\text{dev}_n \tau_e}{\|\text{dev}_n \tau_e\|} F_e^{-T} F_p. \quad (5.5)$$

On the other hand, we have⁴

$$\frac{d}{dt} [\det \overline{C}_p^{-1}] = \langle \text{Cof} \overline{C}_p^{-1}, \frac{d}{dt} [\overline{C}_p^{-1}] \rangle = \det \overline{C}_p^{-1} \langle \overline{C}_p, \frac{d}{dt} [\overline{C}_p^{-1}] \rangle = \det \overline{C}_p^{-1} \langle \mathbb{1}, \frac{d}{dt} [\overline{C}_p^{-1}] \overline{C}_p \rangle. \quad (5.6)$$

Hence, we deduce

$$\frac{d}{dt} [\det \overline{C}_p^{-1}] = -\frac{2}{3} (\det C_p)^{-1/3} \lambda_p^+ \text{tr}(C C_p^{-1}) \langle F_e^{-1} \frac{\text{dev}_n \tau_e}{\|\text{dev}_n \tau_e\|} F_e^{-T}, \mathbb{1} \rangle. \quad (5.7)$$

Since $F_e^{-1} \frac{\text{dev}_n \tau_e}{\|\text{dev}_n \tau_e\|} F_e^{-T}$ is not necessarily a trace free matrix, we can not conclude that $\det \overline{C}_p^{-1}(t) = \text{const.}$ for all $t > 0$. For instance, for elastically isotropic materials (see (5.4)) we have

$$\begin{aligned} \text{dev}_3 \tau_e &= 2 \langle f_1(C, C_p^{-1}), C_p \rangle - \frac{2}{3} \langle f_1(C, C_p^{-1}), C \rangle \langle C^{-1}, C_p \rangle \\ &= 2 \alpha_1 \left[\langle C_p^{-1}, C_p \rangle - \frac{1}{3} \langle C_p^{-1}, C \rangle \langle C^{-1}, C_p \rangle \right] + 2 \alpha_2 \left[\langle C_p^{-1} C C_p^{-1}, C_p \rangle - \frac{1}{3} \langle C_p^{-1} C C_p^{-1}, C \rangle \langle C^{-1}, C_p \rangle \right] \\ &\quad + 2 \alpha_3 \left[\langle C_p^{-1} C C_p^{-1} C C_p^{-1}, C_p \rangle - \frac{1}{3} \langle C_p^{-1} C C_p^{-1} C C_p^{-1}, C \rangle \langle C^{-1}, C_p \rangle \right], \end{aligned} \quad (5.8)$$

which shows that $F_e^{-1} \frac{\text{dev}_n \tau_e}{\|\text{dev}_n \tau_e\|} F_e^{-T}$ is not necessarily a trace free matrix, see Appendix A.4. \square

⁴Let us remark that $\frac{d}{dt} [\det \overline{C}_p^{-1}] = \det \overline{C}_p^{-1} \langle \mathbb{1}, \frac{d}{dt} [\overline{C}_p^{-1}] \overline{C}_p \rangle$ shows that $\det \overline{C}_p^{-1} > 0$ by direct integration of the ordinary differential equation.

Summarizing the properties of the flow rule (5.1) we have:

- i) it is thermodynamically correct;
- ii) the right hand side is a function of C and \overline{C}_p^{-1} only;
- iii) from this flow rule it follows $\overline{C}_p(t) \in \text{Sym}(3)$ and $\det \overline{C}_p(t) > 0$. Hence, it follows that $\overline{C}_p(t) \in \text{PSym}(3)$;
- iv) plastic incompressibility: however, it does **not follow** from the flow rule that $\det \overline{C}_p(t) = 1$ (which must hold by the very definition of \overline{C}_p , since the right hand side is not trace-free, in general);
- v) it is **not an associated plasticity model** in the sense of Definition 1.1.

6 The Helm 2001 model

In this section we consider the model proposed by Helm [10], Vladimirov, Pietryga and Reese [43, Eq. 25] (see also [33] and [37, Eq. 55] and the model considered by Brepols, Vladimirov and Reese [1, page 16], Shutov and Ihlemann [36, Eq. 80]). We prove later that this model is similar to the model considered by Miehe [21] in 1995, provided certain interpretations are included. Vladimirov, Pietryga and Reese [43, Eq. 25] considered the following flow rule

$$\frac{d}{dt}[C_p] = \lambda_p^+ \frac{\text{dev}_3 \tilde{\Sigma}}{\sqrt{\text{tr}((\text{dev}_3 \tilde{\Sigma})^2)}} \cdot C_p, \quad (6.1)$$

where $\tilde{\Sigma} = 2C D_C[\widetilde{W}(C C_p^{-1})]$ is not necessarily symmetric for general $C_p \in \text{PSym}(3)$, while $(\text{dev}_3 \tilde{\Sigma}) \cdot C_p \in \text{Sym}(3)$, see Section 3. Therefore, we have $\frac{d}{dt}[C_p] \in \text{Sym}(3)$. The flow rule (6.1) implies

$$\begin{aligned} \frac{d}{dt}[\widetilde{W}(C C_p^{-1})] &= \langle D[\widetilde{W}(C C_p^{-1})], C \frac{d}{dt}[C_p^{-1}] \rangle = \langle C D_C[\widetilde{W}(C C_p^{-1})] C_p, \frac{d}{dt}[C_p^{-1}] \rangle = \frac{1}{2} \langle \tilde{\Sigma} C_p, \frac{d}{dt}[C_p^{-1}] \rangle \\ &= \frac{1}{2} \langle C_p^{-1} \tilde{\Sigma} C_p, C_p \frac{d}{dt}[C_p^{-1}] \rangle = -\frac{1}{2} \frac{\lambda_p^+}{\sqrt{\text{tr}((\text{dev}_3 \tilde{\Sigma})^2)}} \langle C_p^{-1} \tilde{\Sigma} C_p, \text{dev}_3 \tilde{\Sigma} \rangle. \end{aligned} \quad (6.2)$$

Thus, using (3.5) and (3.6) we deduce

$$\frac{d}{dt}[\widetilde{W}(C C_p^{-1})] = -\frac{1}{2} \frac{\lambda_p^+}{\sqrt{\text{tr}((\text{dev}_3 \tilde{\Sigma})^2)}} \text{tr}[(\text{dev}_3 \tilde{\Sigma})^2] = -\frac{\lambda_p^+}{2} \|\text{dev}_3(U_p^{-1} \tilde{\Sigma} U_p)\| \leq 0, \quad (6.3)$$

which shows thermodynamical consistency.

Summarizing, the Helm 2001 (Reese 2008 and Shutov-Ihlemann 2014) model has the following properties:

- i) from (6.3) it follows that it is thermodynamically correct;
- ii) plastic incompressibility: from (6.1) and (2.8) it follows that $\det C_p(t) = 1$;
- iii) for the isotropic case, the right hand-side of the flow rule (6.1) is a function of C_p^{-1} and C alone;
- iv) from $\frac{d}{dt}[C_p] \in \text{Sym}(3)$. it follows, in the isotropic case, that $C_p(t) \in \text{Sym}(3)$;
- v) from ii) and iii) together and using Lemma 1.10 it follows that $C_p(t) \in \text{PSym}(3)$;
- vi) it has formally subdifferential structure, see Proposition 7.2. However, the elastic domain $\mathcal{E}_e(\tilde{\Sigma}, \frac{2}{3} \sigma_y^2)$ is not convex w.r.t $\tilde{\Sigma}$, see Remark 3.1.

Moreover, we the following result holds:

Proposition 6.1. *The flow rule considered by Helm [10] coincides with the flow rule (6.1), i.e. with the interpretation of Miehe's proposal [20] presented in Section 3.*

Proof. The proof follows from (6.1) and (3.8). □

7 The Grandi-Stefanelli 2014 model

In this section we present a model based on one representation used by Grandi and Stefanelli [8] and previously used by Frigeri and Stefanelli [7, page 7]. We start by computing

$$\begin{aligned} \frac{d}{dt} \widetilde{W}(C C_p^{-1}) &= \langle D\widetilde{W}(C C_p^{-1}), C \frac{d}{dt}[C_p^{-1}] \rangle = \langle \text{sym}[C D\widetilde{W}(C C_p^{-1})], \frac{d}{dt}[C_p^{-1}] \rangle \\ &= \underbrace{\langle \sqrt{C_p}^{-1} \text{sym}[C D\widetilde{W}(C C_p^{-1})] \sqrt{C_p}^{-1}, \sqrt{C_p} \frac{d}{dt}[C_p^{-1}] \sqrt{C_p} \rangle}_{:= \frac{1}{2} \overset{\circ}{\Sigma} \in \text{Sym}(3)}. \end{aligned} \quad (7.1)$$

It is now easy to see that, if we choose

$$\sqrt{C_p} \frac{d}{dt}[C_p^{-1}] \sqrt{C_p} \in -\partial_{\overset{\circ}{\Sigma}} \mathcal{X}(\text{dev}_3 \overset{\circ}{\Sigma}), \quad (7.2)$$

where $\mathcal{X}(\text{dev}_3 \overset{\circ}{\Sigma})$ is the indicator function of the convex elastic domain

$$\overset{\circ}{\mathcal{E}}_e(\overset{\circ}{\Sigma}, \frac{1}{3} \sigma_{\mathbf{y}}^2) := \left\{ \overset{\circ}{\Sigma} \in \text{Sym}(3) \mid \|\text{dev}_3 \overset{\circ}{\Sigma}\|^2 \leq \frac{1}{3} \sigma_{\mathbf{y}}^2 \right\}, \quad (7.3)$$

then $C_p \in \text{Sym}(3)$ and the reduced dissipation inequality $\frac{d}{dt} \widetilde{W}(C C_p^{-1}) \leq 0$ is satisfied. Thus, the model is thermodynamically correct. We also remark that the flow rule (7.2) implies

$$\text{tr}\left(\frac{d}{dt}[C_p^{-1}] C_p\right) = \left\langle \frac{d}{dt}[C_p^{-1}] \sqrt{C_p} \sqrt{C_p}, \mathbb{1} \right\rangle = \left\langle \sqrt{C_p} \frac{d}{dt}[C_p^{-1}] \sqrt{C_p}, \mathbb{1} \right\rangle = 0. \quad (7.4)$$

Hence, we obtain $\det C_p(t) = 1$ and further $C_p(t) \in \text{PSym}(3)$.

Using Lemma 1.9, we give some new representations of the stress-tensor

$$\overset{\circ}{\Sigma} := 2 \sqrt{C_p}^{-1} \text{sym}[C D\widetilde{W}(C C_p^{-1})] \sqrt{C_p}^{-1} = 2 \text{sym} \left[\sqrt{C_p}^{-1} (C D\widetilde{W}(C C_p^{-1})) \sqrt{C_p}^{-1} \right] \quad (7.5)$$

in terms of the stress tensors $\Sigma_e, \widetilde{\Sigma}$ and τ_e , respectively. From (1.11) we obtain $C D\widetilde{W}(C C_p^{-1}) = \frac{1}{2} \widetilde{\Sigma} C_p$. We also use $F_p = R_p U_p = R_p \sqrt{C_p}$ and $F = F_e F_p$. Hence, we deduce

$$\begin{aligned} \overset{\circ}{\Sigma} &= \text{sym}(\sqrt{C_p}^{-1} \widetilde{\Sigma} C_p \sqrt{C_p}^{-1}) = \text{sym}(\sqrt{C_p}^{-1} \widetilde{\Sigma} \sqrt{C_p}), \\ \overset{\circ}{\Sigma} &= \text{sym}(\sqrt{C_p}^{-1} F_p^T \Sigma_e F_p^{-T} \sqrt{C_p}) = \text{sym}(\sqrt{C_p}^{-1} \sqrt{C_p} R_p^T \Sigma_e R_p \sqrt{C_p}^{-1} \sqrt{C_p}) = \text{sym}(R_p^T \Sigma_e R_p), \\ \overset{\circ}{\Sigma} &= \text{sym}(\sqrt{C_p}^{-1} F^T \tau_e F^{-T} \sqrt{C_p}) = \text{sym}(\sqrt{C_p}^{-1} F_p^T F_e^T \tau_e F_e^{-T} F_p^{-T} \sqrt{C_p}) = \text{sym}(R_p^T F_e^T \tau_e F_e^{-T} R_p). \end{aligned} \quad (7.6)$$

Note that Σ_e is symmetric in case of elastic isotropy. Hence, for the isotropic case, we have

$$\overset{\circ}{\Sigma} = R_p^T \Sigma_e R_p, \quad \overset{\circ}{\Sigma} = R_p^T F_e^T \tau_e F_e^{-T} R_p. \quad (7.7)$$

However, we have $\|\overset{\circ}{\Sigma}\|^2 = \|R_p^T \Sigma_e R_p\|^2 = \|\Sigma_e\|^2$, $\text{tr}(\overset{\circ}{\Sigma}) = \text{tr}(R_p^T \Sigma_e R_p) = \text{tr}(\Sigma_e)$. Together, we obtain that

$$\|\text{dev}_3 \overset{\circ}{\Sigma}\| = \|\text{dev}_3 \Sigma_e\|.$$

In conclusion, for isotropic elastic materials we have the equivalence of the elastic domains

$$\overset{\circ}{\mathcal{E}}_e(\overset{\circ}{\Sigma}, \frac{1}{3} \sigma_{\mathbf{y}}^2) = \mathcal{E}_e(\Sigma_e, \frac{1}{3} \sigma_{\mathbf{y}}^2). \quad (7.8)$$

Therefore, the flow rule (7.2) proposed by Grandi and Stefanelli [8] has the following properties:

- i) it is thermodynamically correct;
- ii) from this flow rule it follows $C_p(t) \in \text{Sym}(3)$ and $\det C_p(t) = 1$. Hence, it follows that $C_p(t) \in \text{PSym}(3)$;
- iii) the elastic domain $\overset{\circ}{\mathcal{E}}_e$ is convex w.r.t. $\overset{\circ}{\Sigma}$;
- iv) it is an associated plasticity model in the sense of Definition 1.1;
- v) it preserves ellipticity in elastic loading if the energy is elliptic throughout $\overset{\circ}{\mathcal{E}}_e$ which makes it useful in association with the exponentiated Hencky energy W_{eH} [29, 30, 27, 28].

We finish this section comparing the Helm 2001 model and the Lion 1997 flow rule with the Grandi-Stefanelli 2014 model.

Proposition 7.1. *In the isotropic case, the Lion 1997 flow rule (i.e. the Dettmer-Reese 2004 model [6]) is equivalent with the Grandi-Stefanelli 2014 flow rule.*

Proof. We recall that the flow rule of the Lion 1997 model is

$$\frac{d}{dt}[C_p^{-1}] = -\lambda_p^+ F_p^{-1} \frac{\text{dev}_3 \Sigma_e}{\|\text{dev}_3 \Sigma_e\|} F_p^{-T}, \quad \lambda_p^+ \in \mathbb{R}_+ \quad \text{for } \Sigma_e \notin \text{int}(\mathcal{E}_e(\Sigma_e, \frac{1}{3}\sigma_y^2)). \quad (7.9)$$

Since $F_p = R_p \sqrt{C_p}$ and in the isotropic case $\Sigma_e = R_p \overset{\circ}{\Sigma} R_p^T$, using (7.8) we rewrite the Lion's flow rule in the form

$$\frac{d}{dt}[C_p^{-1}] = -\lambda_p^+ \sqrt{C_p}^{-1} R_p^T \frac{\text{dev}_3(R_p \overset{\circ}{\Sigma} R_p^T)}{\|\text{dev}_3(R_p \overset{\circ}{\Sigma} R_p^T)\|} R_p \sqrt{C_p}^{-1}, \quad \lambda_p^+ \in \mathbb{R}_+ \quad \text{for } R_p \overset{\circ}{\Sigma} R_p^T \notin \text{int}(\overset{\circ}{\mathcal{E}}_e(\overset{\circ}{\Sigma}, \frac{1}{3}\sigma_y^2)),$$

which is equivalent with

$$\sqrt{C_p} \frac{d}{dt}[C_p^{-1}] \sqrt{C_p} = -\lambda_p^+ \frac{\text{dev}_3 \overset{\circ}{\Sigma}}{\|\text{dev}_3 \overset{\circ}{\Sigma}\|}, \quad \lambda_p^+ \in \mathbb{R}_+ \quad \text{for } R_p \overset{\circ}{\Sigma} R_p^T \notin \text{int}(\overset{\circ}{\mathcal{E}}_e(\overset{\circ}{\Sigma}, \frac{1}{3}\sigma_y^2)). \quad (7.10)$$

Moreover, $R_p \overset{\circ}{\Sigma} R_p^T \in \text{int}(\overset{\circ}{\mathcal{E}}_e(\overset{\circ}{\Sigma}, \frac{1}{3}\sigma_y^2)) \Leftrightarrow \overset{\circ}{\Sigma} \in \text{int}(\overset{\circ}{\mathcal{E}}_e(\overset{\circ}{\Sigma}, \frac{1}{3}\sigma_y^2))$. Therefore, the flow rule (7.10) becomes

$$\sqrt{C_p} \frac{d}{dt}[C_p^{-1}] \sqrt{C_p} \in -\partial_{\overset{\circ}{\Sigma}} \chi(\text{dev}_3 \overset{\circ}{\Sigma}), \quad (7.11)$$

which coincides with the Grandi-Stefanelli 2014 flow rule (7.2). \square

Proposition 7.2. *In the isotropic case, the Helm 2001 flow rule is equivalent with the Grandi-Stefanelli 2014 flow rule, i.e. it is also equivalent with the Lion 1997 flow rule and the Dettmer-Reese 2004 model.*

Proof. We have

$$\overset{\circ}{\Sigma} = \text{sym}(\sqrt{C_p}^{-1} \tilde{\Sigma} \sqrt{C_p}) = \text{sym}(\sqrt{C_p}^{-1} \tilde{\Sigma} C_p C_p^{-1} \sqrt{C_p}) = \text{sym}(\sqrt{C_p}^{-1} (\tilde{\Sigma} C_p) \sqrt{C_p}^{-1}), \quad (7.12)$$

and we recall that for isotropic materials

$$\tilde{\Sigma} C_p = F_p^T \Sigma_e F_p^{-T} C_p = F_p^T \Sigma_e F_p \in \text{Sym}(3)$$

holds. Hence, for isotropic materials

$$\overset{\circ}{\Sigma} = \sqrt{C_p}^{-1} (\tilde{\Sigma} C_p) \sqrt{C_p}^{-1} = \sqrt{C_p}^{-1} \tilde{\Sigma} \sqrt{C_p}, \quad \tilde{\Sigma} = \sqrt{C_p} \overset{\circ}{\Sigma} \sqrt{C_p}^{-1}. \quad (7.13)$$

Using the above identity, we may rewrite the Helm 2001-flow rule (6.1) in the form

$$\frac{d}{dt}[C_p] = \lambda_p^+ \frac{\text{dev}_3(\sqrt{C_p} \overset{\circ}{\Sigma} \sqrt{C_p}^{-1})}{\sqrt{\text{tr}((\text{dev}_3(\sqrt{C_p} \overset{\circ}{\Sigma} \sqrt{C_p}^{-1}))^2)}} \cdot C_p. \quad (7.14)$$

We also have

$$\begin{aligned} \text{tr}(\sqrt{C_p} \overset{\circ}{\Sigma} \sqrt{C_p}^{-1}) &= \text{tr}(\overset{\circ}{\Sigma}), & \text{dev}_3(\sqrt{C_p} \overset{\circ}{\Sigma} \sqrt{C_p}^{-1}) &= \sqrt{C_p} (\text{dev}_3 \overset{\circ}{\Sigma}) \sqrt{C_p}^{-1}, \\ \text{tr}([\text{dev}_3(\sqrt{C_p} \overset{\circ}{\Sigma} \sqrt{C_p}^{-1})]^2) &= \text{tr}([\sqrt{C_p} (\text{dev}_3 \overset{\circ}{\Sigma}) \sqrt{C_p}^{-1}]^2) = \text{tr}(\sqrt{C_p} (\text{dev}_3 \overset{\circ}{\Sigma})^2 \sqrt{C_p}^{-1}) = \text{tr}((\text{dev}_3 \overset{\circ}{\Sigma})^2) \\ &= \langle (\text{dev}_3 \overset{\circ}{\Sigma})^2, \mathbb{1} \rangle = \langle \text{dev}_3 \overset{\circ}{\Sigma}, \text{dev}_3 \overset{\circ}{\Sigma} \rangle = \|\text{dev}_3 \overset{\circ}{\Sigma}\|^2. \end{aligned} \quad (7.15)$$

Hence, Helm's flow rule (6.1) is equivalent with

$$\frac{d}{dt}[C_p] = \lambda_p^+ \sqrt{C_p} \frac{\text{dev}_3 \overset{\circ}{\Sigma}}{\|\text{dev}_3 \overset{\circ}{\Sigma}\|} \sqrt{C_p} \quad \Leftrightarrow \quad \sqrt{C_p} \frac{d}{dt}[C_p^{-1}] \sqrt{C_p} = -\lambda_p^+ \frac{\text{dev}_3 \overset{\circ}{\Sigma}}{\|\text{dev}_3 \overset{\circ}{\Sigma}\|}, \quad (7.16)$$

and the proof is complete. \square

Remark 7.3. *The equivalence is true for an isotropic formulation only. However, the Grandi-Stefanelli model will provide a consistent flow-rule for a plastic metric also in the anisotropic case.*

An existence proof for the energetic formulation [7] of the model given by Grandi and Stefanelli [8] together with a full plastic strain regularization can be given along the lines of Mielke's energetic approach [23, 24, 16, 25, 17].

8 Summary

In isotropic elasto-plasticity it is common knowledge that a reduction to a *6-dimensional flow rule* for a *plastic metric* C_p is in principle possible. We have discussed several existing different models. Not all of them are free of inconsistencies. This testifies to the fact that setting up a consistent 6-dimensional flow-rule is not entirely trivial.

One problem which often occurs, is that the flow rule for C_p is written in terms of F_p , which however should not appear at all. One finding of our investigation is that, nevertheless, in the isotropic case, all consistent flow rules can be expressed in C_p alone and are equivalent. The Grandi-Stefanelli model [8] has the decisive advantage to be operable also in the anisotropic case. In Figure 1 and Figure 2 we summarize the investigated isotropic plasticity models and we indicate if the known conditions which make them consistent are satisfied.

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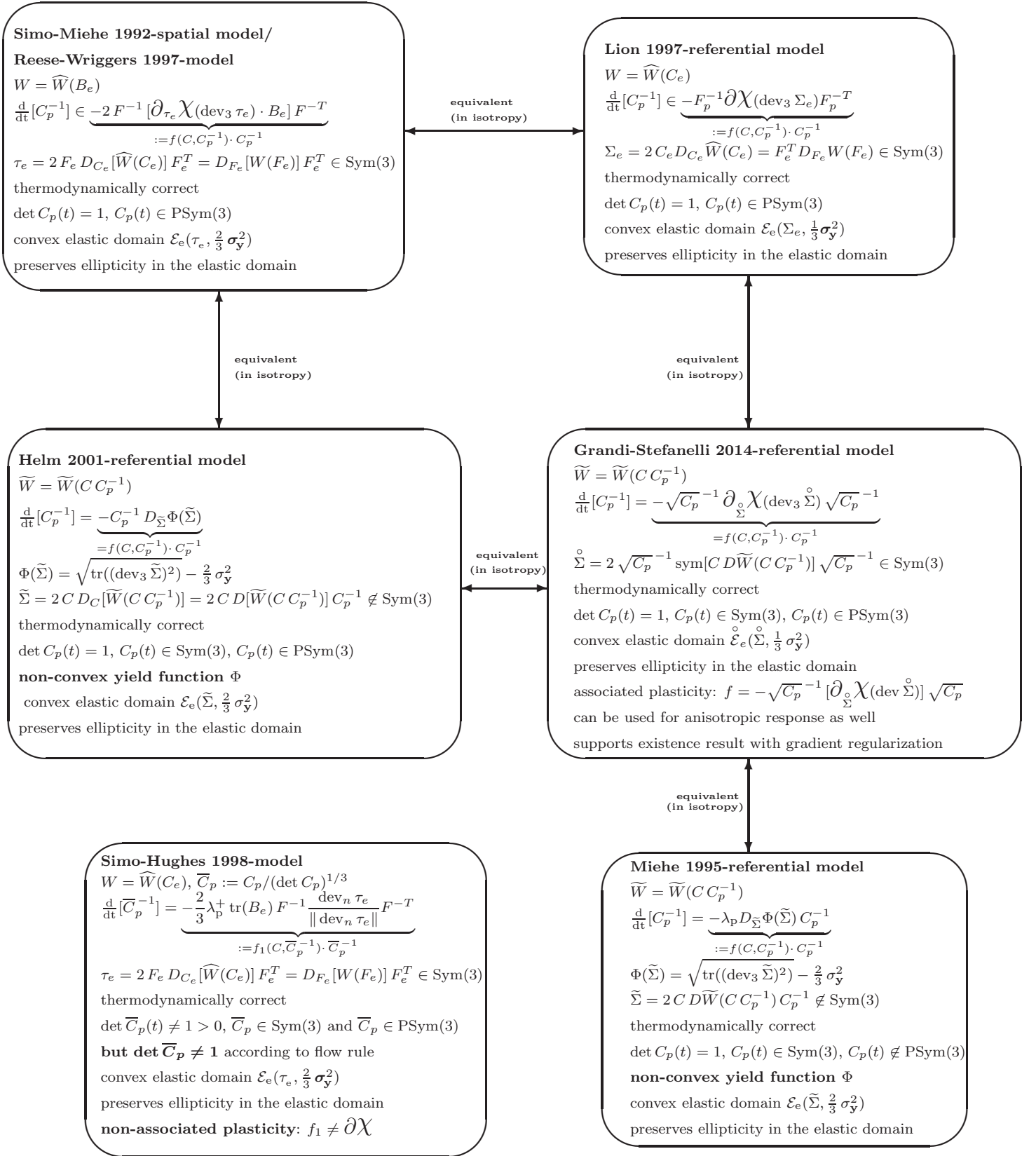


Figure 1: Idealized, isotropic perfect plasticity models involving a 6-dimensional flow rule for C_p w.r.t. the reference configuration are considered. By definition, the trajectory for the plastic metric $C_p(t)$ should remain in $\text{PSym}(3)$. λ_p^+ is the plastic multiplier. We have recast all flow rules in the format $\frac{d}{dt}[P^{-1}]P \in -\partial\chi$ or $\sqrt{P} \frac{d}{dt}[P^{-1}] \sqrt{P} \in -\partial\chi$.

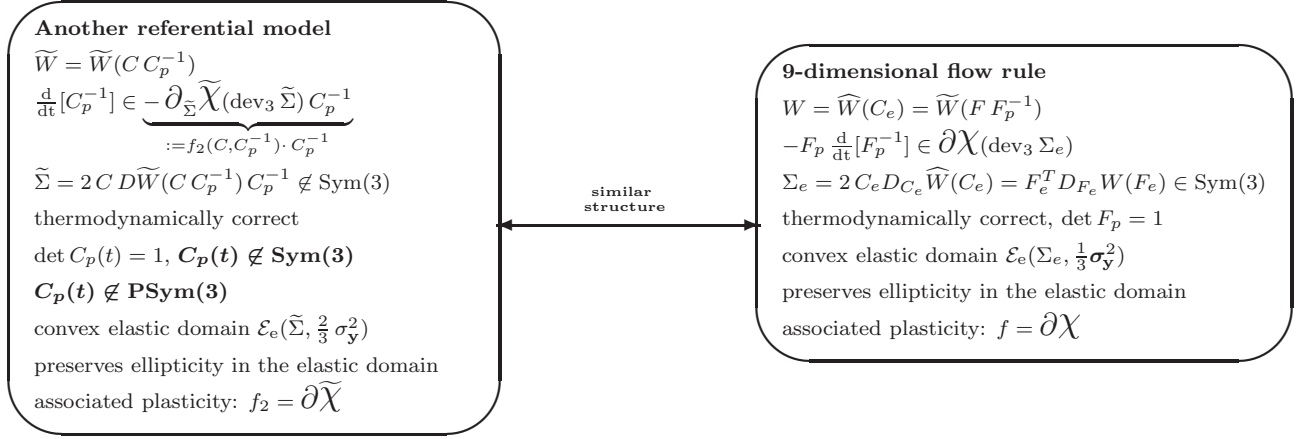


Figure 2: An additive logarithmic model, additive small strain plasticity, an inconsistent model and a 9-dimensional flow rule for F_p . All these models are associative, since all flow rules are in the format $\frac{d}{dt}[P] P^{-1} \in -\partial \chi$ or $\frac{d}{dt}[\varepsilon_p] \in \partial \chi$.

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Appendix

A.1 The Lion 1997 model for the Neo-Hooke elastic energy

For a quick consistency check we exhibit the consistency of this model directly for a Neo-Hooke elastic energy and we give the concrete expression for the functions $f(C, C_p^{-1})$ and $\widehat{f}(C, C_p^{-1})$. To this end, we consider the energy

$$\widehat{W}_{\text{NH}}(C_e) = \mu \operatorname{tr} \left(\frac{C_e}{\det C_e^{1/3}} \right) + h(\det C) \stackrel{\det C_p=1}{=} \mu \operatorname{tr} \left(\frac{C_e}{\det C^{1/3}} \right) + h(\det C).$$

We deduce $\Sigma_e := 2 C_e D_{C_e} [\widehat{W}(C_e)] = 2 C_e \mu \frac{1}{\det C^{1/3}} \cdot \mathbb{1} = 2 \mu \frac{1}{\det C^{1/3}} \cdot C_e$. Hence, the flow rule (4.1) can be written in the form

$$\begin{aligned} \frac{d}{dt} [C_p^{-1}] &= -\lambda_p^+ F_p^{-1} \frac{\operatorname{dev} C_e}{\|\operatorname{dev} C_e\|} F_p^{-T} = -\frac{\lambda_p^+}{\|\operatorname{dev} C_e\|} \left(F_p^{-1} C_e F_p^{-T} - \frac{1}{3} \operatorname{tr}(C_e) \cdot F_p^{-1} F_p^{-T} \right) \\ &= -\frac{\lambda_p^+}{\|\operatorname{dev} C_e\|} \left(C_p^{-1} C C_p^{-1} - \frac{1}{3} \operatorname{tr}(C_p^{-1} C) \cdot C_p^{-1} \right). \end{aligned} \quad (\text{A.1})$$

We also deduce

$$\begin{aligned} \|\operatorname{dev} C_e\|^2 &= \|C_e\|^2 - \frac{1}{3} [\operatorname{tr}(C_e)]^2 = \|F_p^{-T} C F_p^{-1}\|^2 - \frac{1}{3} [\operatorname{tr}(F_p^{-T} C F_p^{-1})]^2 = \langle F_p^{-T} C F_p^{-1}, F_p^{-T} C F_p^{-1} \rangle - \frac{1}{3} \langle F_p^{-T} C F_p^{-1}, \mathbb{1} \rangle^2 \\ &= \langle C_p^{-1} C, C C_p^{-1} \rangle - \frac{1}{3} [\operatorname{tr}(C_p^{-1} C)]^2 = [\operatorname{tr}(C_p^{-1} C)]^2 - \frac{1}{3} [\operatorname{tr}(C_p^{-1} C)]^2. \end{aligned} \quad (\text{A.2})$$

Therefore, we obtain

$$\begin{aligned} \frac{d}{dt}[C_p^{-1}] &= -\frac{\lambda_p^+}{\sqrt{\operatorname{tr}[(C_p^{-1}C)^2] - \frac{1}{3}[\operatorname{tr}(C_p^{-1}C)]^2}} \left(C_p^{-1}C - \frac{1}{3}\operatorname{tr}(C_p^{-1}C) \cdot \mathbb{1} \right) C_p^{-1} \\ &= -\frac{\lambda_p^+}{\sqrt{\operatorname{tr}[(C_p^{-1}C)^2] - \frac{1}{3}[\operatorname{tr}(C_p^{-1}C)]^2}} C_p^{-1} \left(C C_p^{-1} - \frac{1}{3}\operatorname{tr}(C C_p^{-1}) \cdot \mathbb{1} \right). \end{aligned} \quad (\text{A.3})$$

Comparing (4.16), (A.3), (4.3) and (4.7), we deduce

$$\widehat{f}(C, C_p^{-1}) = C, \quad f(C, C_p^{-1}) = \left\{ \frac{-\lambda_p^+}{\sqrt{\operatorname{tr}[(C C_p^{-1})^2] - \frac{1}{3}[\operatorname{tr}(C C_p^{-1})]^2}} \operatorname{dev}_3(C_p^{-1}C) \mid \lambda_p^+ \in \mathbb{R}_+ \right\}.$$

We clearly see that even for this simple energy, we have $\operatorname{tr}[(C C_p^{-1})^2] - \frac{1}{3}[\operatorname{tr}(C C_p^{-1})]^2 \neq \|\operatorname{dev}_3(C C_p^{-1})\|^2$, since if we assume contrary we deduce

$$\operatorname{tr}[(C C_p^{-1})^2] - \frac{1}{3}[\operatorname{tr}(C C_p^{-1})]^2 = \|C C_p^{-1}\|^2 - \frac{1}{3}[\operatorname{tr}(C C_p^{-1})]^2 \Leftrightarrow \langle C C_p^{-1}, (C C_p^{-1})^T \rangle = \pm \langle C C_p^{-1}, C C_p^{-1} \rangle. \quad (\text{A.4})$$

On the other hand, we deduce

$$\operatorname{tr}[(C C_p^{-1})^2] = \langle (C C_p^{-1})(C C_p^{-1}), \mathbb{1} \rangle = \langle C_p^{-1}C C_p^{-1}(C C_p^{-1})C_p, \mathbb{1} \rangle = \langle C_p^{-1}C C_p^{-1}C_p(C C_p^{-1})^T, \mathbb{1} \rangle = \langle C_p^{-1}C, C C_p^{-1} \rangle. \quad (\text{A.5})$$

Since from Remark 4.1 it follows that $C_p \in \operatorname{PSym}(3)$, we further deduce that

$$\langle C_p^{-1}C C_p^{-1}C_p, C C_p^{-1} \rangle = \langle U_p^{-1}U_p^{-1}C C_p^{-1}U_p U_p, C C_p^{-1} \rangle = \langle U_p^{-1}C C_p^{-1}U_p, U_p^{-1}C C_p^{-1}U_p \rangle = \|U_p^{-1}C U_p^{-1}\|^2 \geq 0, \quad (\text{A.6})$$

where $U_p^2 = C_p$. Hence, $[\operatorname{tr}(C C_p^{-1})^2] \geq 0$ and from (A.4) we deduce

$$\langle C C_p^{-1}, (C C_p^{-1})^T \rangle = \langle C C_p^{-1}, C C_p^{-1} \rangle \Leftrightarrow \langle C C_p^{-1}, \operatorname{skew}(C C_p^{-1}) \rangle = 0 \Leftrightarrow \operatorname{skew}(C C_p^{-1}) = 0 \Leftrightarrow C C_p^{-1} \in \operatorname{Sym}(3). \quad (\text{A.7})$$

In conclusion, $\operatorname{tr}[(C C_p^{-1})^2] - \frac{1}{3}[\operatorname{tr}(C C_p^{-1})]^2 \neq \|\operatorname{dev}_3(C C_p^{-1})\|^2$ and the flow-rule does not have a subdifferential structure of the form $C_p \frac{d}{dt}[C_p^{-1}] \in -\partial\chi(\operatorname{dev}\Sigma)$.

A.2 The Helm 2001 model for the Neo-Hooke energy

For the simplest Neo-Hooke elastic energy $W(F_e) = \operatorname{tr}(C_e) = \widetilde{W}(C C_p^{-1}) = \frac{1}{2}\operatorname{tr}(C C_p^{-1})$, we have

$$D_C[\widetilde{W}(C C_p^{-1})] = \frac{1}{2}C_p^{-1} \quad \Rightarrow \quad \widetilde{\Sigma} = C C_p^{-1} \notin \operatorname{Sym}(3), \quad (\text{A.8})$$

and the flow rule (6.1) implies

$$\frac{d}{dt}[C_p] = \lambda_p^+ \frac{\operatorname{dev}_3(C C_p^{-1})}{\sqrt{\operatorname{tr}[(\operatorname{dev}_3(C C_p^{-1}))^2]}} \cdot C_p = \frac{\lambda_p^+}{\sqrt{\operatorname{tr}[(\operatorname{dev}_3(C C_p^{-1}))^2]}} [C - \frac{1}{3}\operatorname{tr}(C C_p^{-1}) \cdot C_p] \in \operatorname{Sym}(3) \quad \Rightarrow \quad C_p \in \operatorname{Sym}(3),$$

and also

$$\frac{d}{dt}[C_p] C_p^{-1} = \lambda_p^+ \frac{\operatorname{dev}_3(C C_p^{-1})}{\sqrt{\operatorname{tr}[(\operatorname{dev}_3(C C_p^{-1}))^2]}} \quad \Rightarrow \quad \det C_p = 1. \quad (\text{A.9})$$

The thermodynamical consistency may follow from (6.3). An alternative proof, directly for the Neo-Hooke case, results from (6.2) and (A.8), since we have at fixed time C

$$\begin{aligned} \frac{d}{dt}[\widetilde{W}(C C_p^{-1})] &= -\frac{\lambda_p^+}{4\sqrt{\operatorname{tr}[(\operatorname{dev}_3(C C_p^{-1}))^2]}} \langle C_p^{-1}\widetilde{\Sigma}C_p, \operatorname{dev}_3\widetilde{\Sigma} \rangle = -\frac{\lambda_p^+}{\sqrt{\operatorname{tr}[(\operatorname{dev}_3(C C_p^{-1}))^2]}} \langle C_p^{-1}C, \operatorname{dev}_3(C C_p^{-1}) \rangle \\ &= -\frac{\lambda_p^+}{\sqrt{\operatorname{tr}[(\operatorname{dev}_3(C C_p^{-1}))^2]}} \langle (C C_p^{-1})^T, \operatorname{dev}_3(C C_p^{-1}) \rangle \\ &= -\frac{\lambda_p^+}{\sqrt{\operatorname{tr}[(\operatorname{dev}_3(C C_p^{-1}))^2]}} \langle C^{-1/2}\operatorname{dev}_3(C C_p^{-1})C^{1/2}C^{-1/2}\operatorname{dev}_3(C C_p^{-1})C^{1/2}, \mathbb{1} \rangle \\ &= -\frac{\lambda_p^+}{\sqrt{\operatorname{tr}[(\operatorname{dev}_3(C C_p^{-1}))^2]}} \langle \operatorname{dev}_3(C^{1/2}C_p^{-1}C^{1/2})^T \operatorname{dev}_3(C^{1/2}C_p^{-1}C^{1/2}), \mathbb{1} \rangle \\ &= -\frac{\lambda_p^+}{\sqrt{\operatorname{tr}[(\operatorname{dev}_3(C C_p^{-1}))^2]}} \|\operatorname{dev}_3(C^{1/2}C_p^{-1}C^{1/2})\|^2, \end{aligned} \quad (\text{A.10})$$

which is negative⁵. Therefore, this model is thermodynamically correct as now shown also for the simple Neo-Hooke energy.

⁵Surprisingly, this follows even if C and C_p^{-1} do not commute in general. If C and C_p commute, then $X = C C_p^{-1} \in \operatorname{Sym}(3)$ and the quantity does have a sign, since then $\langle X^T, \operatorname{dev}_3 X \rangle = \|\operatorname{dev}_3 X\|^2 \geq 0$.

A.3 Another referential model

We recall that, in view of Lemma 1.7, any isotropic free energy W defined in terms of F_e can be expressed as $W(F_e) = \widetilde{W}(C C_p^{-1})$. In order to assume that the reduced dissipation inequality is satisfied, we compute

$$\frac{d}{dt} \widetilde{W}(C C_p^{-1}) = \langle D\widetilde{W}(C C_p^{-1}), C \frac{d}{dt} [C_p^{-1}] \rangle = \langle C D\widetilde{W}(C C_p^{-1}) C_p^{-1}, \frac{d}{dt} [C_p^{-1}] C_p \rangle = \langle \widetilde{\Sigma}, \frac{d}{dt} [C_p^{-1}] C_p \rangle. \quad (\text{A.11})$$

Here, $\widetilde{\Sigma} = 2C D_C [\widetilde{W}(C C_p^{-1})]$, as in the Reese 2008 and Shutov-Ihleemann 2014 model. It is tempting to assume the flow rule in the associated form (see e.g. the habilitation thesis of Miehe [19, page 73, Satz 5.32] or [22] and also [21, Table 1])

$$\frac{d}{dt} [C_p^{-1}] C_p \in -\partial_{\widetilde{\Sigma}} \chi(\text{dev}_3 \widetilde{\Sigma}), \quad (\text{A.12})$$

where $\chi(\text{dev}_3 \widetilde{\Sigma})$ is the indicator function of the convex elastic domain

$$\mathcal{E}_e(\widetilde{\Sigma}, \frac{2}{3} \sigma_{\mathbf{y}}^2) := \left\{ \widetilde{\Sigma} \in \mathbb{R}^{3 \times 3} \mid \|\text{dev}_3 \widetilde{\Sigma}\|^2 \leq \frac{2}{3} \sigma_{\mathbf{y}}^2 \right\}. \quad (\text{A.13})$$

Note that this flow rule (A.12) is not the formulation which Miehe seemed to intend. We have discussed the correct interpretation in Subsection 3.

Regarding such a formulation we can summarize our observations:

- i) this flow rule is thermodynamically correct;
- ii) the right hand side is a function of C and C_p^{-1} only, i.e. $\widetilde{\Sigma} = \widetilde{\Sigma}(C, C_p^{-1})$;
- iii) plastic incompressibility: from this flow rule it follows that $\det C_p(t) = 1$, since the right hand side is trace-free;
- iv) however, the computed tensor $C_p(t)$ **will not be symmetric** since $\widetilde{\Sigma} C_p^{-1} \notin \text{Sym}(3)$ in general. For instance, for the simplest Neo-Hooke energy $W(F_e) = \text{tr}(C_e) = \text{tr}(C C_p^{-1})$ we have $\widetilde{\Sigma} = 2C C_p^{-1} \notin \text{Sym}(3)$, $\widetilde{\Sigma} C_p^{-1} = 2C C_p^{-2} \notin \text{Sym}(3)$, in general, and the flow rule becomes

$$\frac{d}{dt} [C_p^{-1}] = -2 \frac{\lambda_p^+}{\|\text{dev}(C C_p^{-1})\|} [C C_p^{-2} - \frac{1}{3} \text{tr}(C C_p^{-1}) \cdot C_p^{-1}] \notin \text{Sym}(3); \quad (\text{A.14})$$

- v) it is an associated plasticity model in the sense of Definition 1.1.

In conclusion, this model is inconsistent with the requirement for a plastic metric, i.e. $C_p \in \text{Psym}(3)$. Moreover, if we are looking to the flow rule in the associated form considered in the habilitation thesis of Miehe [19, page 73, Satz 5.32] (see [22] and also [21, Table 1]), since the subdifferential $\partial_{\widetilde{\Sigma}} \chi(\text{dev}_3 \widetilde{\Sigma})$ of the indicator function χ is the normal cone

$$\mathcal{N}(\mathcal{E}_e(\widetilde{\Sigma}, \frac{1}{3} \sigma_{\mathbf{y}}^2); \text{dev}_3 \widetilde{\Sigma}) = \begin{cases} 0, & \widetilde{\Sigma} \in \text{int}(\mathcal{E}_e(\widetilde{\Sigma}, \frac{1}{3} \sigma_{\mathbf{y}}^2)) \\ \{\lambda_p^+ \frac{\text{dev}_3 \widetilde{\Sigma}}{\|\text{dev}_3 \widetilde{\Sigma}\|} \mid \lambda_p^+ \in \mathbb{R}_+\}, & \widetilde{\Sigma} \notin \text{int}(\mathcal{E}_e(\widetilde{\Sigma}, \frac{1}{3} \sigma_{\mathbf{y}}^2)). \end{cases} \quad (\text{A.15})$$

the flow rule can be written in the form

$$\frac{d}{dt} [C_p^{-1}] C_p = -\lambda_p^+ \frac{\text{dev}_3 \widetilde{\Sigma}}{\|\text{dev}_3 \widetilde{\Sigma}\|}, \quad (\text{A.16})$$

which is not equivalent with the flow rule (3.7) considered by Miehe [20], since $\widetilde{\Sigma} \notin \text{Sym}(3)$. Let us remark that we have the symmetries $\text{dev}_3 \widetilde{\Sigma} \cdot C_p \in \text{Sym}(3)$, $C_p^{-1} \text{dev}_3 \widetilde{\Sigma} \in \text{Sym}(3)$, but these do not assure that the flow rule (A.16) implies $C_p \in \text{Sym}(3)$.

A.4 The Simo-Hughes 1998-model for the Saint-Venant-Kirchhoff energy and for the Neo-Hooke energy

In order to see that the quantity $F_e^{-1} \frac{\text{dev}_n \tau_e}{\|\text{dev}_n \tau_e\|} F_e^{-T}$ which appears in the Simo-Hughes flow rule is not necessarily a trace free matrix, we consider two energies: the isotropic elastic Saint-Venant-Kirchhoff energy and the energy considered by Simo and Hughes [40, page 307]. On the one hand, the well known isotropic elastic Saint-Venant-Kirchhoff energy is

$$W_{\text{SVK}} = \frac{\mu}{4} \|C_e - \mathbb{1}\|^2 + \frac{\lambda}{8} [\text{tr}(C_e - \mathbb{1})]^2 = \frac{\mu}{4} \|B_e - \mathbb{1}\|^2 + \frac{\lambda}{8} [\text{tr}(B_e - \mathbb{1})]^2, \quad (\text{A.17})$$

and the corresponding Kirchhoff stress tensor is given by

$$\tau_e^{\text{SVK}}(U) = D_{B_e} [W^{\text{SVK}}(B_e)] = \mu (F_e^{-T} C_e F_e^T - \mathbb{1}) + \frac{\lambda}{2} \text{tr}(C_e - \mathbb{1}) \cdot \mathbb{1} = \mu (F_e F_e^T - \mathbb{1}) + \frac{\lambda}{2} \text{tr}(F_e F_e^T - \mathbb{1}) \cdot \mathbb{1}.$$

Hence, we deduce

$$\begin{aligned} F_e^{-1} [\text{dev}_n \tau_e^{\text{SVK}}] F_e^{-T} &= \mu F_e^{-1} \text{dev}_n [F_e F_e^T] F_e^{-T} = \mu F_e^{-1} [F_e F_e^T - \frac{1}{3} \text{tr}(F_e F_e^T) \cdot \mathbb{1}] F_e^{-T} \\ &= \mu [\mathbb{1} - \frac{1}{3} \text{tr}(F_e F_e^T) \cdot F_e^{-1} F_e^{-T}] = \mu [\mathbb{1} - \frac{1}{3} \text{tr}(F_e F_e^T) \cdot F_e^{-1} F_e^{-T}], \end{aligned} \quad (\text{A.18})$$

and further

$$\begin{aligned} \langle F_e^{-1} [\text{dev}_n \tau_e^{\text{SVK}}] F_e^{-T}, \mathbb{1} \rangle &= \mu \langle \mathbb{1} - \frac{1}{3} \text{tr}(F_e F_e^T) \cdot F_e^{-1} F_e^{-T}, \mathbb{1} \rangle = \mu \left[3 - \frac{1}{3} \text{tr}(F_e F_e^T) \text{tr}(F_e^{-1} F_e^{-T}) \right] \\ &= \mu \left[3 - \frac{1}{3} \text{tr}(C_e) \text{tr}(C_e^{-1}) \right] = \mu \left[3 - \frac{1}{3 \det C_e} \text{tr}(C_e) \text{tr}(\text{Cof } C_e) \right]. \end{aligned} \quad (\text{A.19})$$

We remark that $\langle F_e^{-1} [\text{dev}_n \tau_e^{\text{SVK}}] F_e^{-T}, \mathbb{1} \rangle = 0$ if and only if $\text{tr}(C_e) \text{tr}(\text{Cof } C_e) = 9 \det C_e$, which does not hold true in general. Since C_e and $\text{Cof } C_e$ are coaxial and symmetric, the problem can be reduced to the diagonal case, i.e. we may assume $C_e = \text{diag}(\lambda_1, \lambda_2, \lambda_3)$, $\lambda_i > 0$. Hence the condition $\text{tr}(C_e) \text{tr}(\text{Cof } C_e) = 9 \det C_e$, becomes

$$9 \lambda_1 \lambda_2 \lambda_3 = (\lambda_1 + \lambda_2 + \lambda_3)(\lambda_1 \lambda_2 + \lambda_2 \lambda_3 + \lambda_3 \lambda_1) \Leftrightarrow 0 = \lambda_1(\lambda_2 - \lambda_3)^2 + \lambda_2(\lambda_3 - \lambda_1)^2 + \lambda_3(\lambda_1 - \lambda_2)^2$$

which is satisfied if and only if $\lambda_1 = \lambda_2 = \lambda_3$. Therefore, for the Saint-Venant-Kirchhoff energy, in this model, $\det \bar{C}_p = 1$ is only true for the conformal mapping $F_e = \lambda \cdot \text{SO}(3) \in \mathbb{R}_+ \cdot \text{SO}(3)$.

On the other hand, the energy considered by Simo and Hughes [40, page 307] is

$$W_{\text{Simo}}(B_e) = \frac{\mu}{2} \left\langle \frac{B_e}{\det B_e^{1/3}} - \mathbb{1}, \mathbb{1} \right\rangle + \frac{\kappa}{4} [(\det B_e - 1) - \log(\det B_e)], \quad (\text{A.20})$$

for which the Kirchhoff stress tensor is given by

$$\tau_e^{\text{Simo}} = \mu \text{dev}_3 \left(\frac{B_e}{\det B_e^{1/3}} \right) + \frac{\kappa}{2} \left(J_e - \frac{1}{J_e} \right) \cdot \mathbb{1}. \quad (\text{A.21})$$

Hence, we deduce

$$\begin{aligned} \langle F_e^{-1} [\text{dev}_n \tau_e^{\text{Simo}}] F_e^{-T}, \mathbb{1} \rangle &= \mu \frac{1}{\det B_e^{1/3}} \langle F_e^{-1} [\text{dev}_3 B_e] F_e^{-T}, \mathbb{1} \rangle = \mu \frac{1}{\det B_e^{1/3}} \langle \text{dev}_3 B_e, F_e^{-T} F_e^{-1} \rangle \\ &= \mu \frac{1}{\det B_e^{1/3}} \langle \text{dev}_3 B_e, B_e^{-1} \rangle = \mu \frac{1}{\det B_e^{1/3}} \left[\langle B_e, B_e^{-1} \rangle - \frac{1}{3} \text{tr}(B_e) \text{tr}(B_e^{-1}) \right] \\ &= \mu \frac{1}{\det B_e^{1/3}} \left[3 - \frac{1}{3} \text{tr}(B_e) \text{tr}(B_e^{-1}) \right] = \mu \frac{1}{\det B_e^{4/3}} \left[3 \det B_e - \frac{1}{3} \text{tr}(B_e) \text{tr}(\text{Cof } B_e) \right]. \end{aligned} \quad (\text{A.22})$$

Therefore $\langle F_e^{-1} [\text{dev}_n \tau_e^{\text{Simo}}] F_e^{-T}, \mathbb{1} \rangle = 0$ if and only if $9 \det B_e = \text{tr}(B_e) \text{tr}(\text{Cof } B_e)$. Similar as above, it follows that this holds true if and only if $F_e = \lambda \cdot \text{SO}(3) \in \mathbb{R}_+ \cdot \text{SO}(3)$.